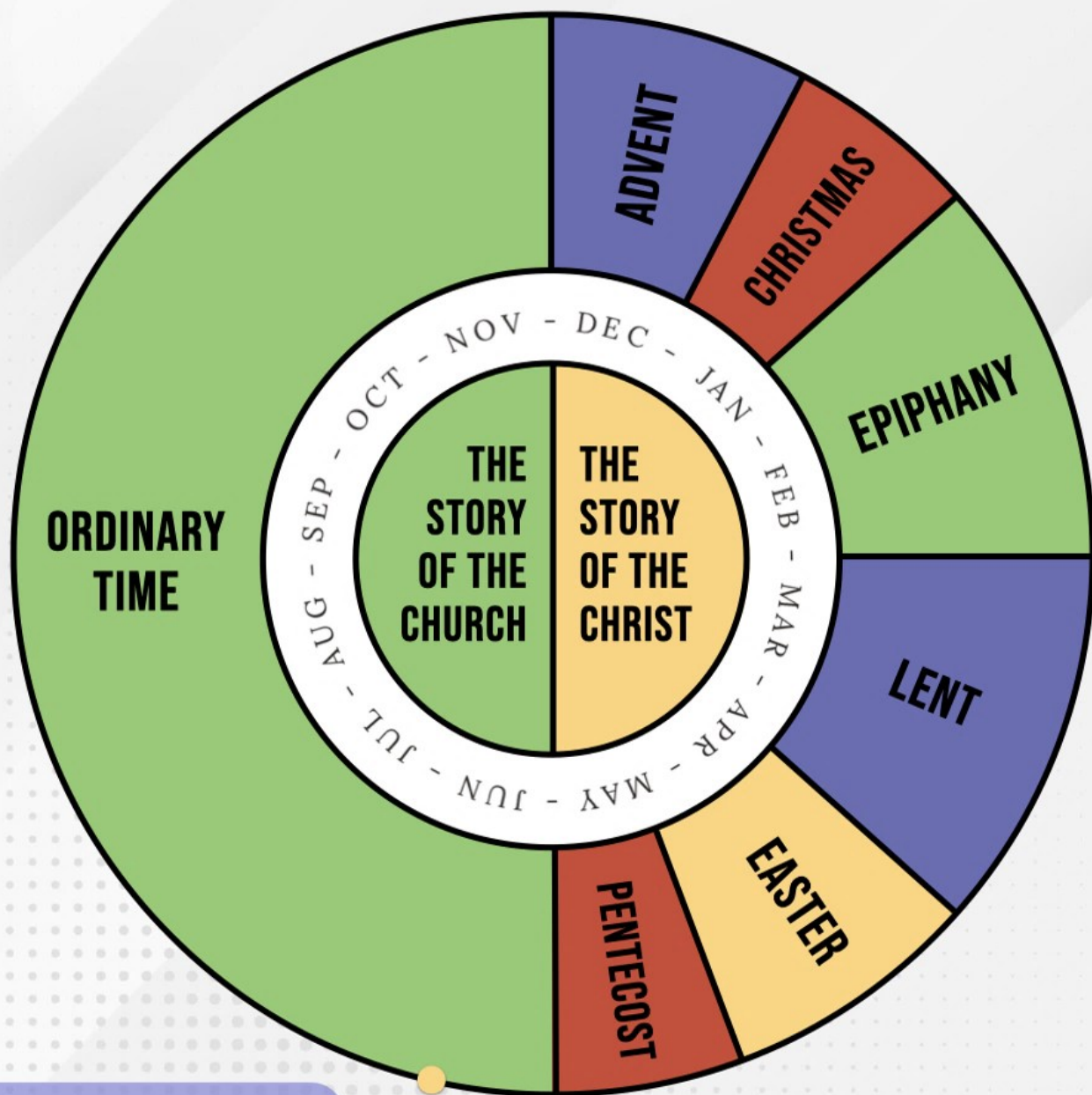


STRONG IN THE LORD

BIG TREE

	FEET	METERS
HEIGHT	286	87.2
DIAMETER	23.7	7.2
CIRCUMFERENCE	74.5	22.7
ESTIMATED AGE	1500	YEARS



WE ARE HERE

THE SEASONS OF THE CHRISTIAN CALENDAR

Advent: Anticipation

Christmas: Incarnation

Epiphany: Revelation

Lent: Crucifixion

Easter: Resurrection

Pentecost: Ascension

Ordinary Time: Mission

STRONG IN THE LORD

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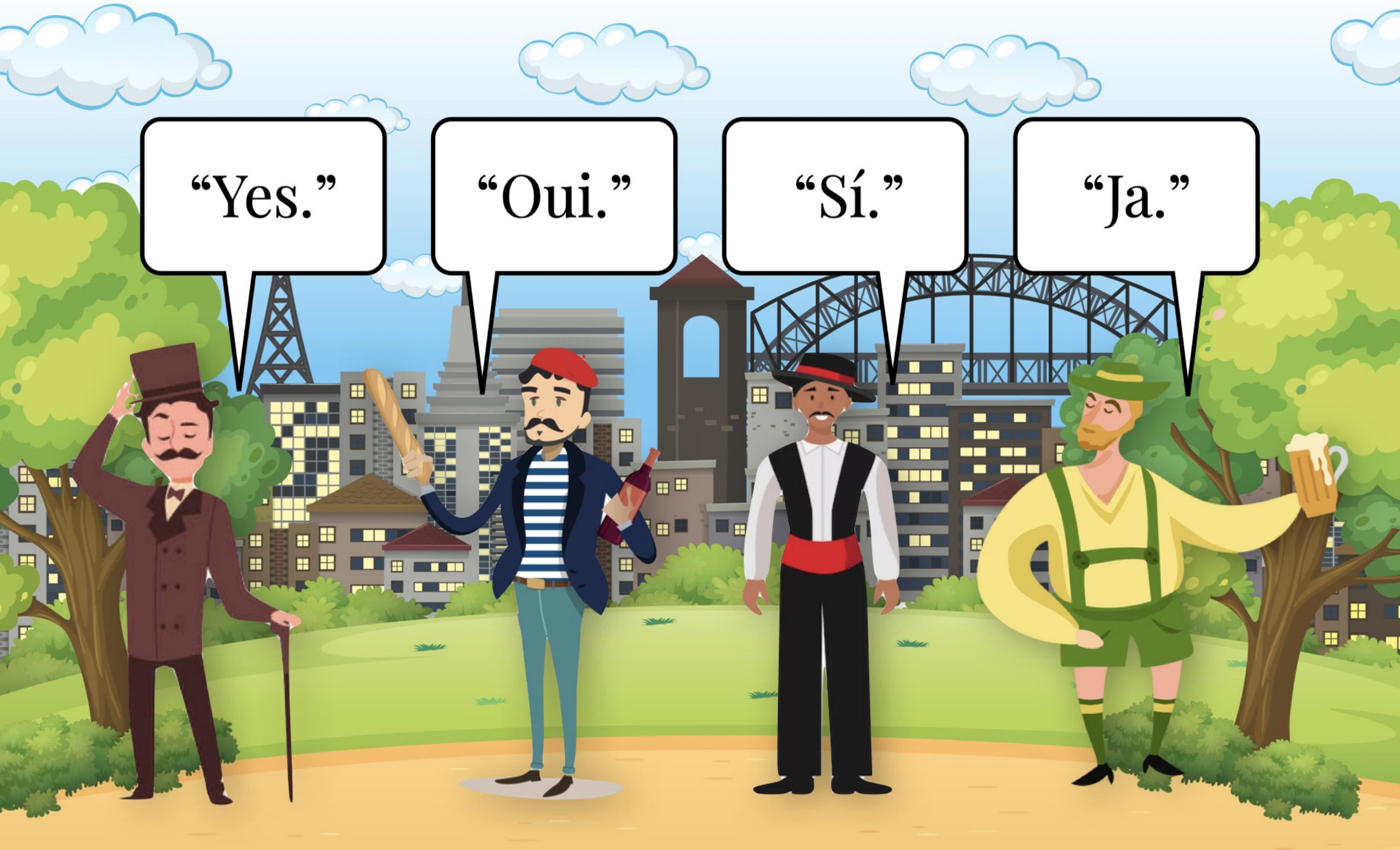


“Yes.”

“Oui.”

“Sì.”

“Ja.”



STRONG IN THE LORD

BIG TREE

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IN THE BEGINNING GOD CREATED THE HEAVENS AT THE EARTH. (1:1)

THUS THE HEAVENS AND THE EARTH WERE COMPLETED IN ALL THEIR VAST ARRAY. (2:1)

IN THE BEGINNING GOD CREATED THE HEAVENS AND THE EARTH. (1:1)

NOW THE EARTH WAS FORMLESS & EMPTY, DARKNESS WAS OVER THE SURFACE OF THE DEEP, AND THE SPIRIT OF GOD WAS HOVERING OVER THE WATERS. (1:2)

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AND GOD SAID...

THUS THE HEAVENS AND THE EARTH WERE COMPLETED IN ALL THEIR VAST ARRAY. (2:1)

JOHN 1:1-5

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it.

IN THE BEGINNING GOD CREATED THE HEAVENS AND THE EARTH. (1:1)

NOW THE EARTH WAS FORMLESS & EMPTY, DARKNESS WAS OVER THE SURFACE OF THE DEEP, AND THE SPIRIT OF GOD WAS HOVERING OVER THE WATERS. (1:2)

(1:3-5)

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 1ST DAY**

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 4TH DAY**

(1:14-19)

(1:6-8)

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 2ND DAY**

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 5TH DAY**

(1:20-23)

(1:9-13)

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 3RD DAY**

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
– THE 6TH DAY**

(1:24-31)

THUS THE HEAVENS AND THE EARTH WERE COMPLETED IN ALL THEIR VAST ARRAY. (2:1)

IN THE BEGINNING GOD CREATED THE HEAVENS AT THE EARTH. (1:1)

NOW THE EARTH WAS FORMLESS & EMPTY, DARKNESS WAS OVER THE SURFACE OF THE DEEP, AND THE SPIRIT OF GOD WAS HOVERING OVER THE WATERS. (1:2)

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—
DARKNESS

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AND GOD SAID...

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— THE 4TH DAY**

(1:14-19)

(1:6-8)

AND GOD SAID...

WATER
—
SKY

**AND THERE WAS EVENING,
AND THERE WAS MORNING
— THE 2ND DAY**

AND GOD SAID...

**AND THERE WAS EVENING,
AND THERE WAS MORNING
— THE 5TH DAY**

(1:20-23)

(1:9-13)

AND GOD SAID...

LAND
—
SEA

THEN GOD SAID...

PLANTS
—
TREES

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SEPARATE

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FILL

RULE

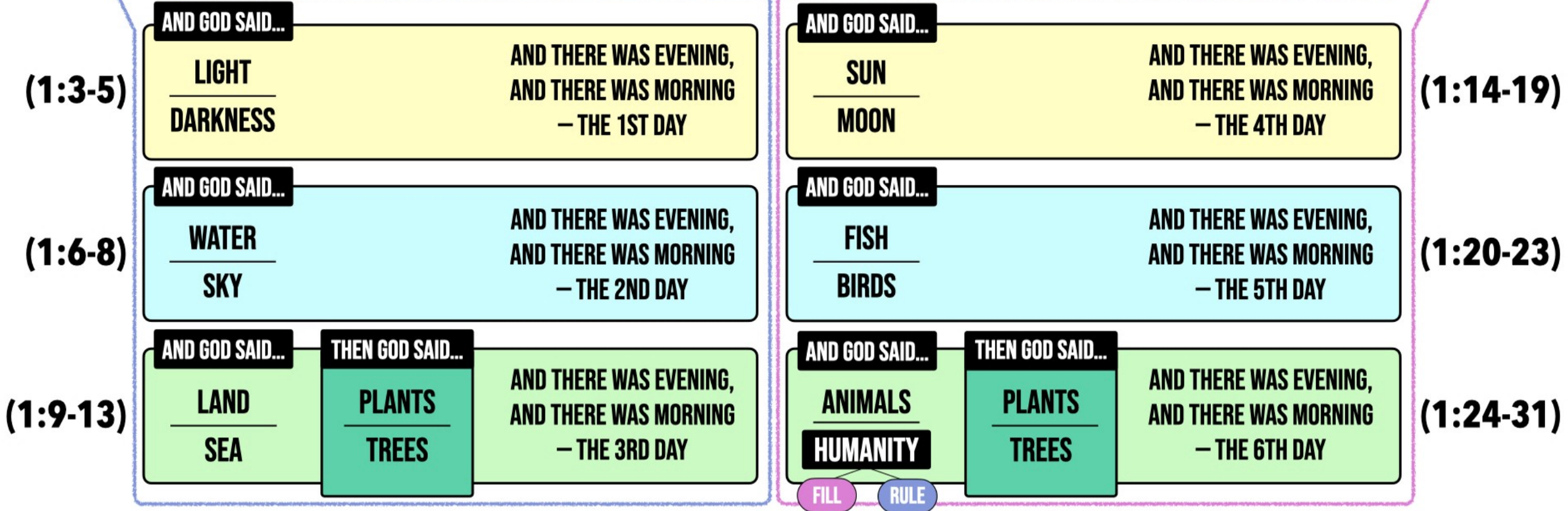
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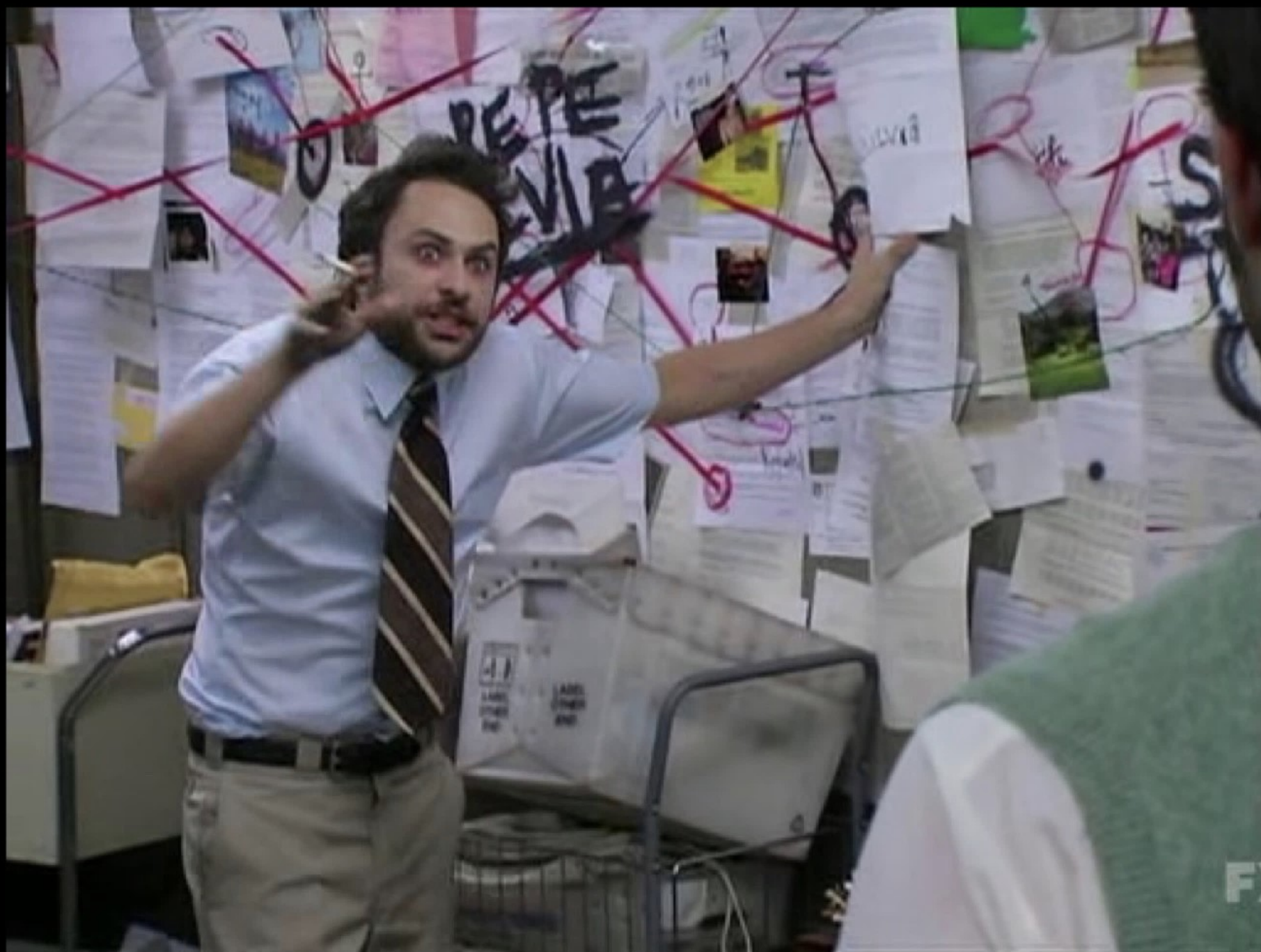
SEPARATE

FILL



THUS THE HEAVENS AND THE EARTH WERE COMPLETED IN ALL THEIR VAST ARRAY. (2:1)

GOD MAKES THE SABBATH SEPARATE AND FILLS IT WITH HOLINESS	BY THE 7TH DAY GOD HAD FINISHED THE WORK HE HAD BEEN DOING;	SO ON 7TH DAY HE RESTED FROM ALL HIS WORK.	THEN GOD BLESSED THE 7TH DAY AND MADE IT HOLY,	BECAUSE ON IT HE RESTED FROM ALL THE WORK OF CREATING HE HAD DONE.	(2:2-3)
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**BECAUSE ON IT HE RESTED
FROM ALL THE WORK OF
CREATING HE HAD DONE.**

(2:2-3)

STRONG IN THE LORD

BIG TREE

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CIRCUMFERENCE	74.5	22.7
ESTIMATED AGE	1500	YEARS

MARK 2:27-28

Then he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.”

GROWTH IS



STRESS

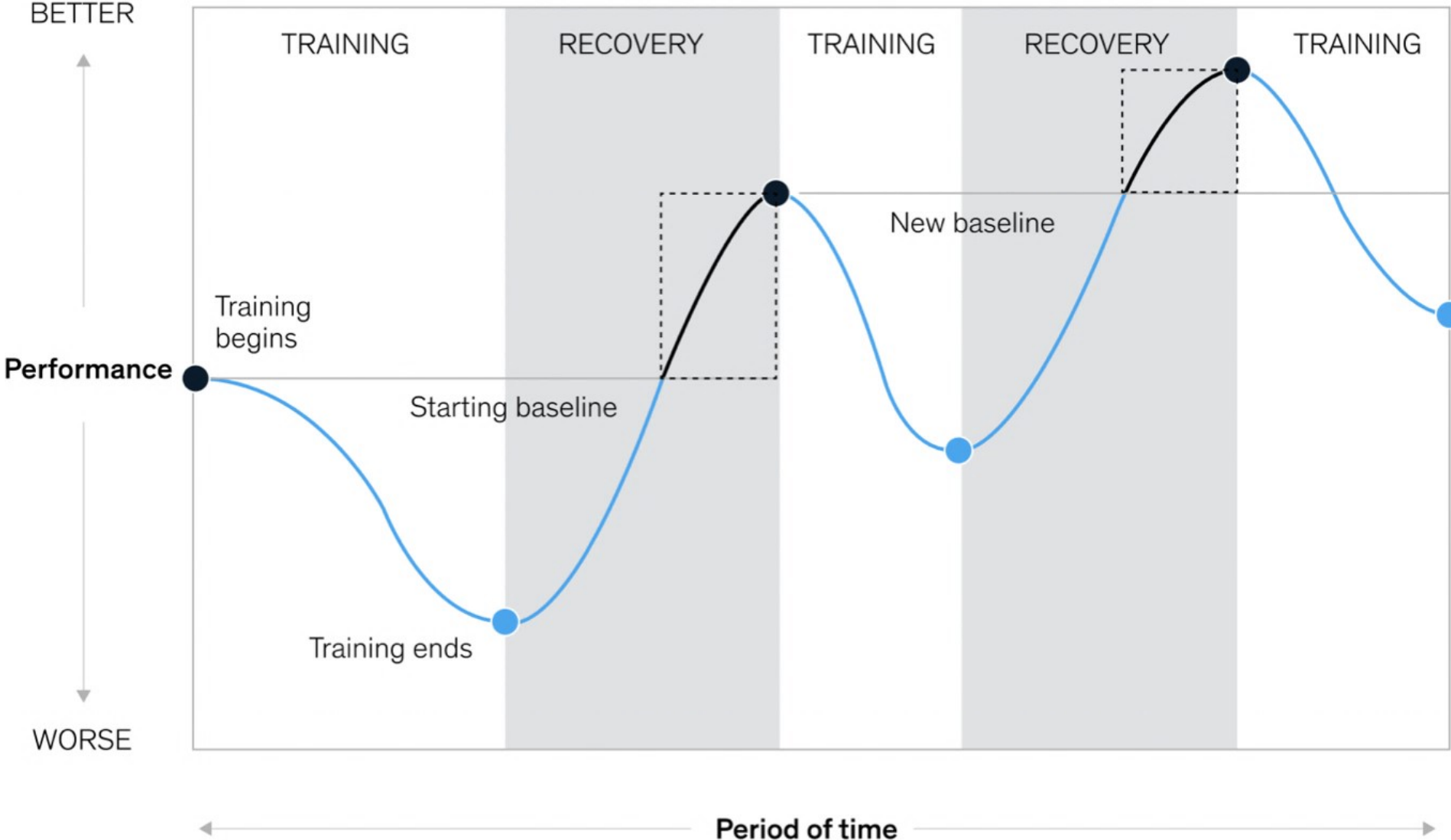


PLUS REST

Supercompensation in sports can be a useful analogy for stress and performance recovery.

How supercompensation works

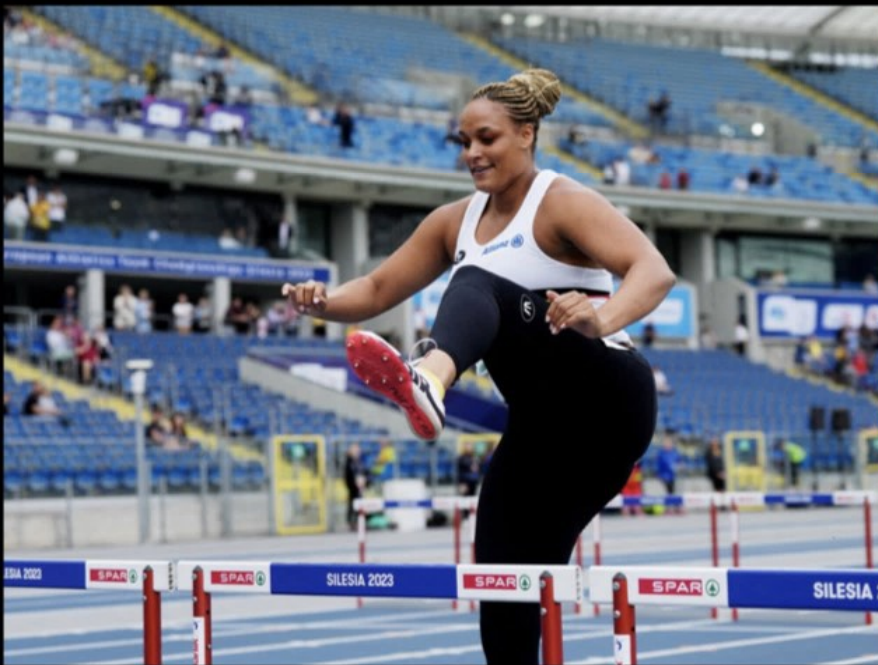
Supercompensation



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ESTIMATED AGE	1500	YEARS

*"Do this in
remembrance of me."*

Luke 22:19

After a time of personal reflection & repentance, come forward to partake in the bread and cup.

(Bread is gluten free.)

