

# HABITS OF THE HEART



# THE SEASONS OF THE CHRISTIAN CALENDAR

Advent: Anticipation

Christmas: Incarnation

Epiphany: Revelation

Lent: Crucifixion

Easter: Resurrection

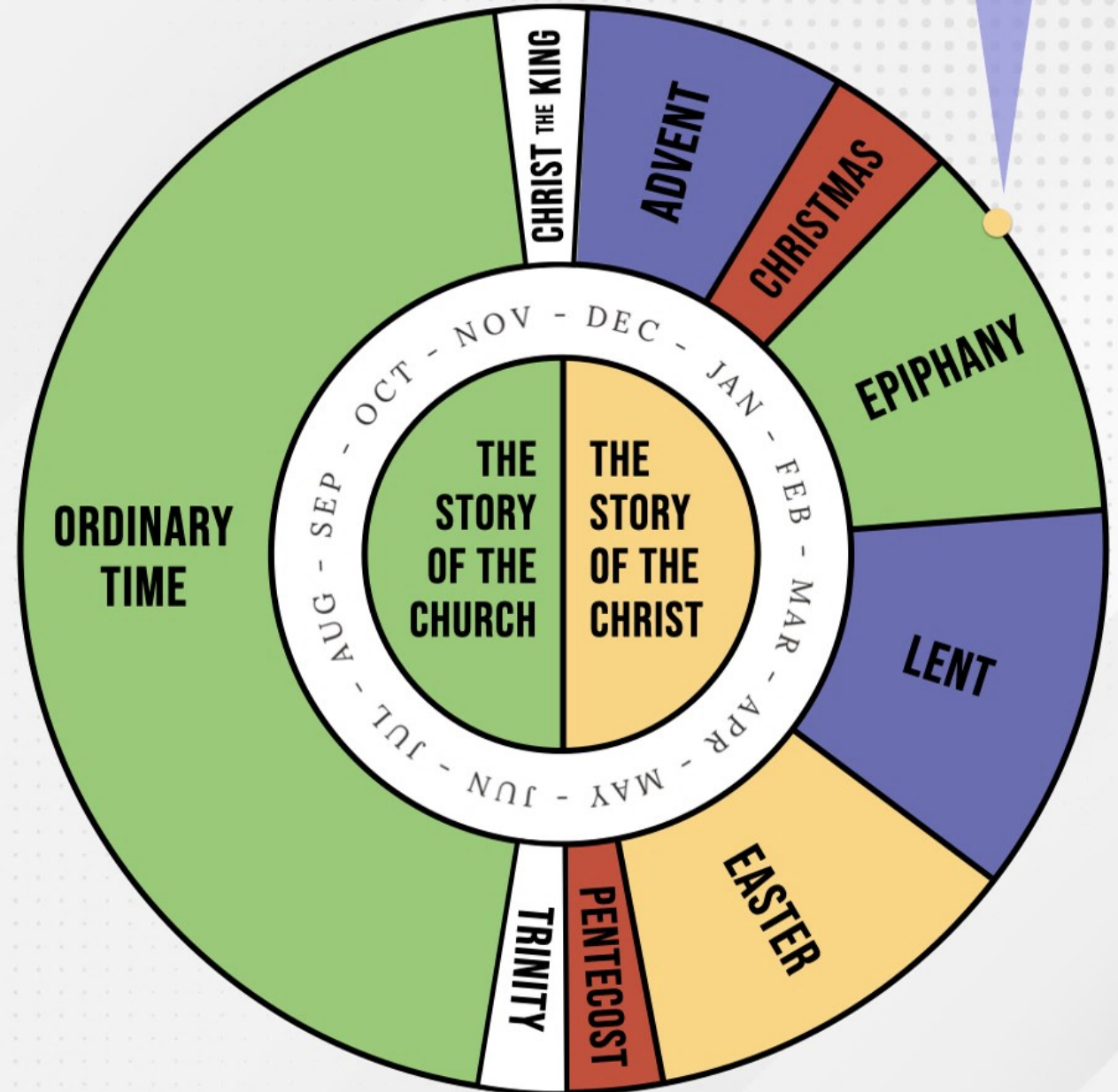
Pentecost: Ascension

Trinity: Magnification

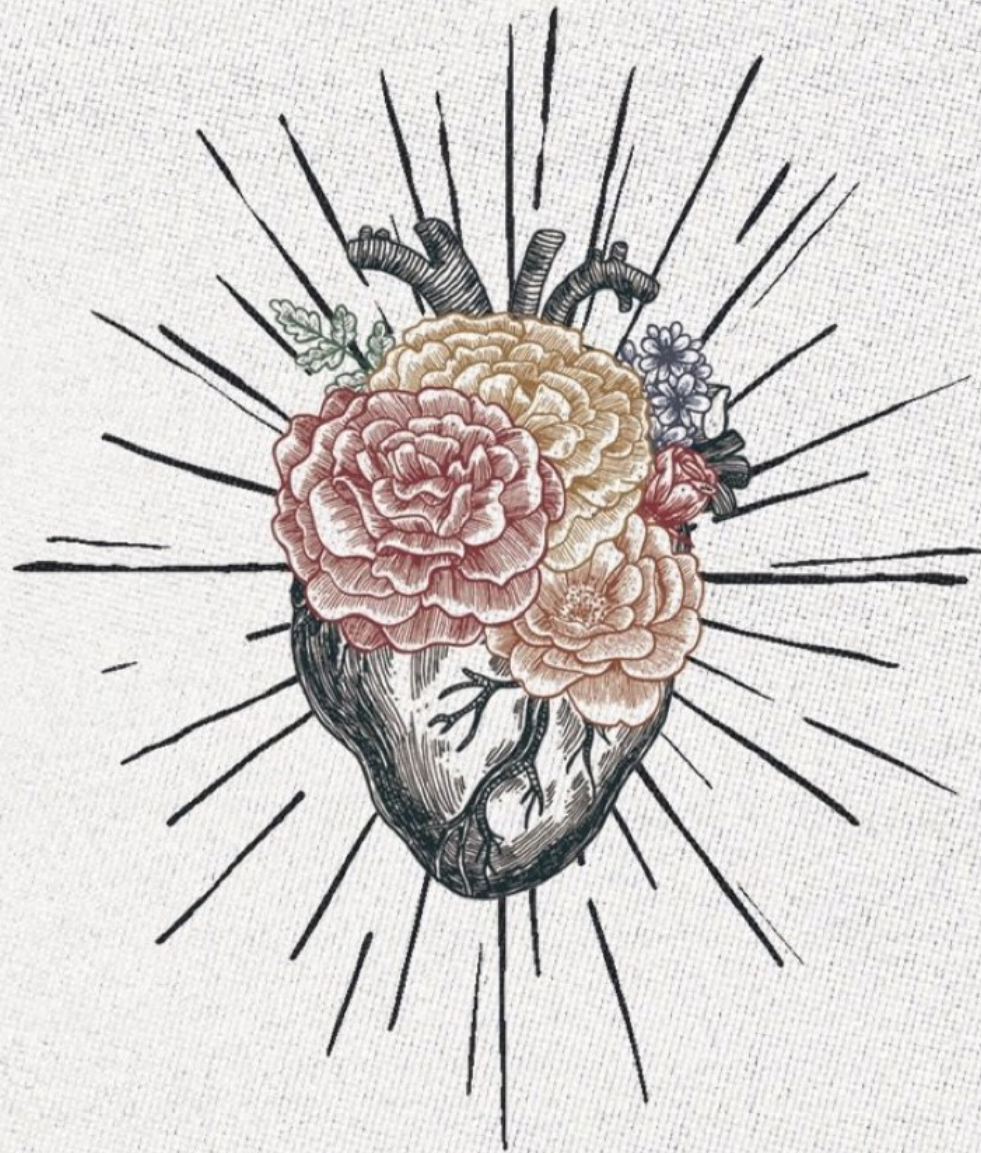
Ordinary Time: Mission

Christ the King: Conclusion

WE ARE HERE





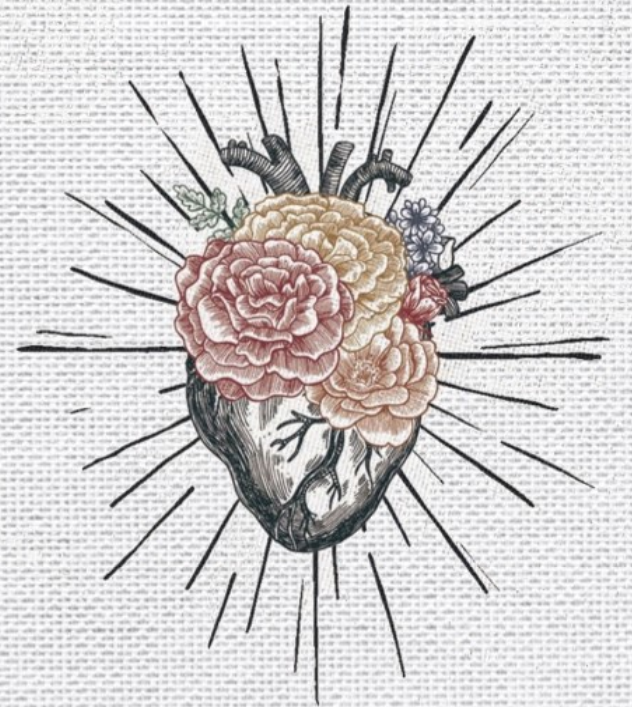


# HABITS OF THE HEART

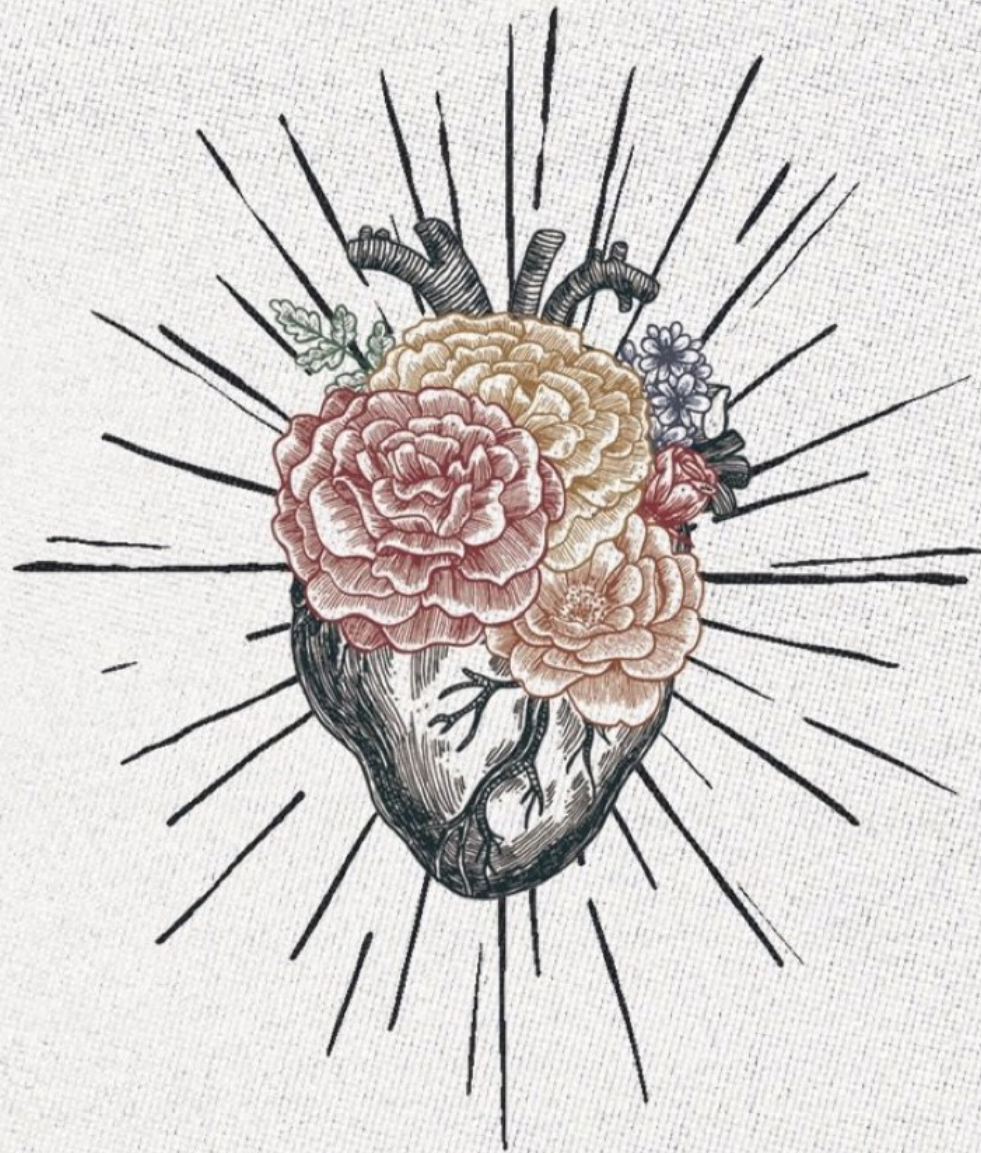


WEEK TWO, PSALM 1

***RUMINATION:  
LEARNING TO  
LOVE THROUGH  
REGULAR  
MEDITATION***







# HABITS OF THE HEART



# PSALM 1

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- (1) Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers,
- (2) but whose delight is in the law of the Lord, and who meditates on his law day and night.



# PSALM 1

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(3) That person is like a tree  
planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither  
—whatever they do prospers.

(4) Not so the wicked! They are like chaff  
that the wind blows away.

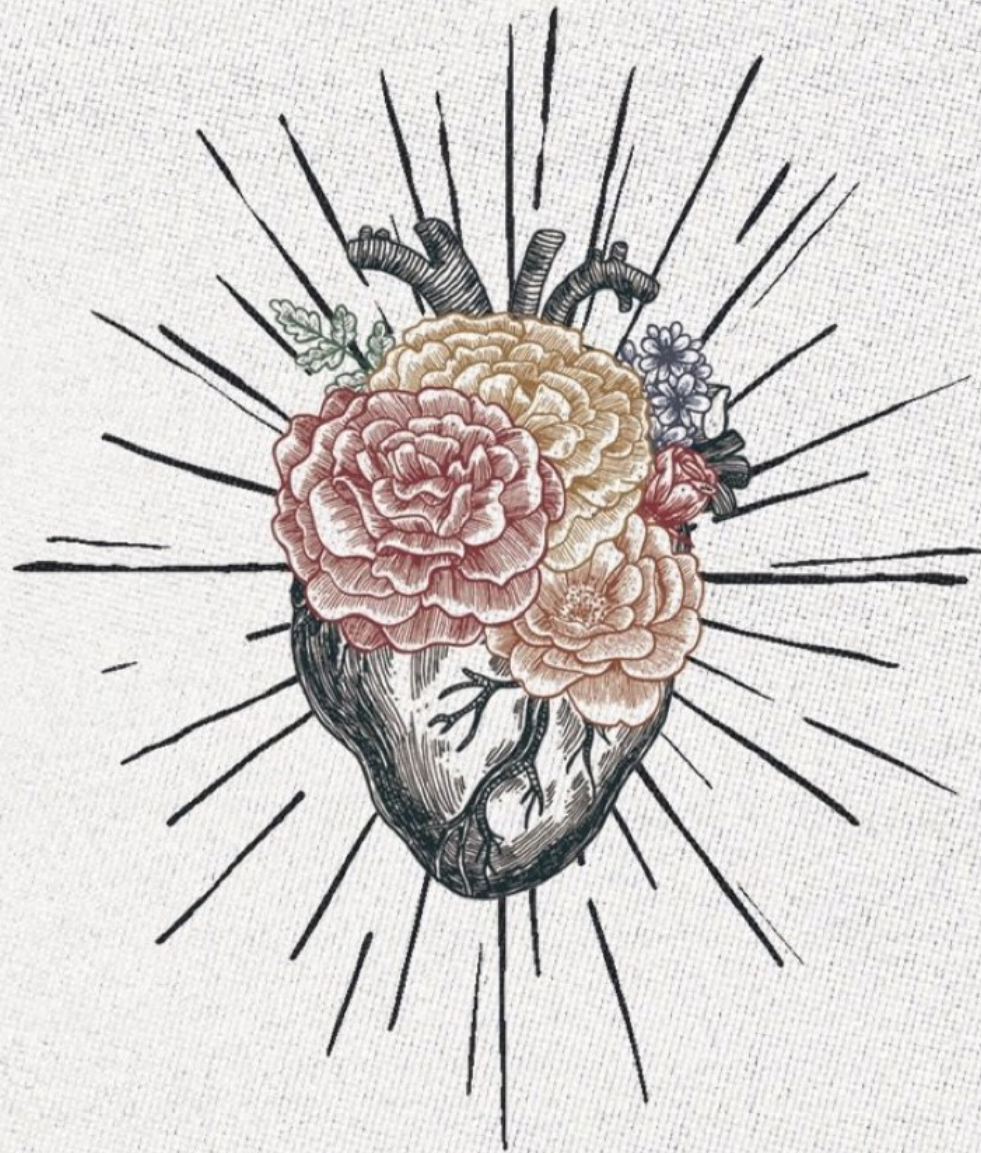


# PSALM 1

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- (5) Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.
- (6) For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.

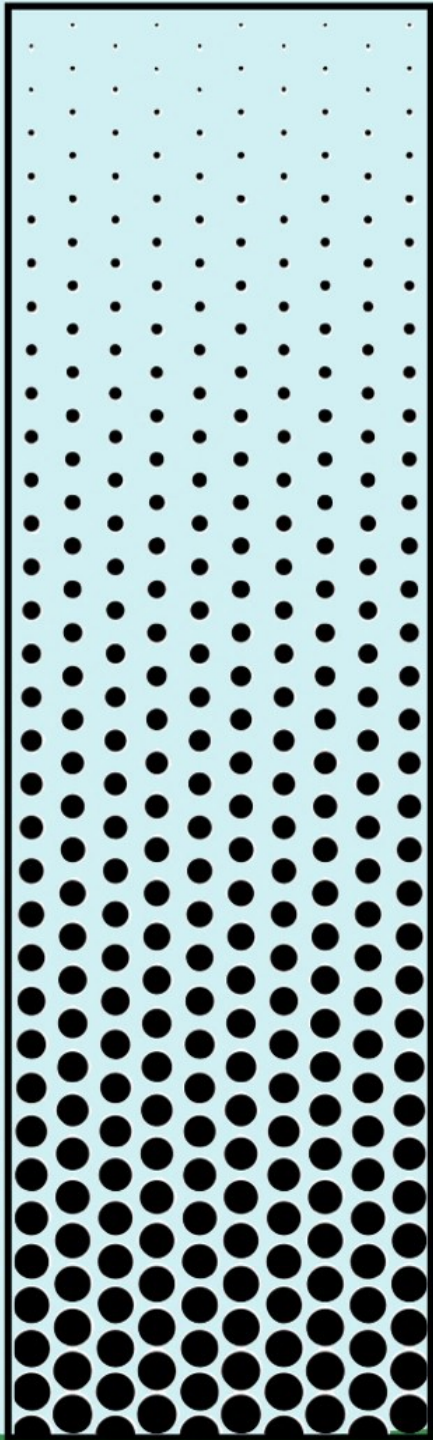




# HABITS OF THE HEART



*Density of Molecules*

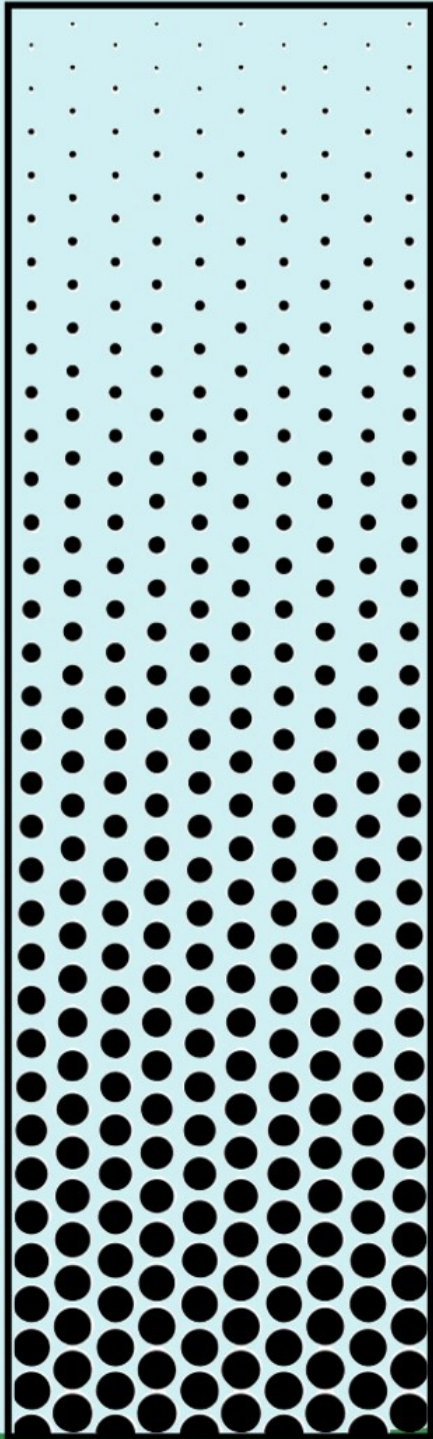


*Low to Moderate Altitude, Sea Level - 5,000 ft*





*Density of Molecules*



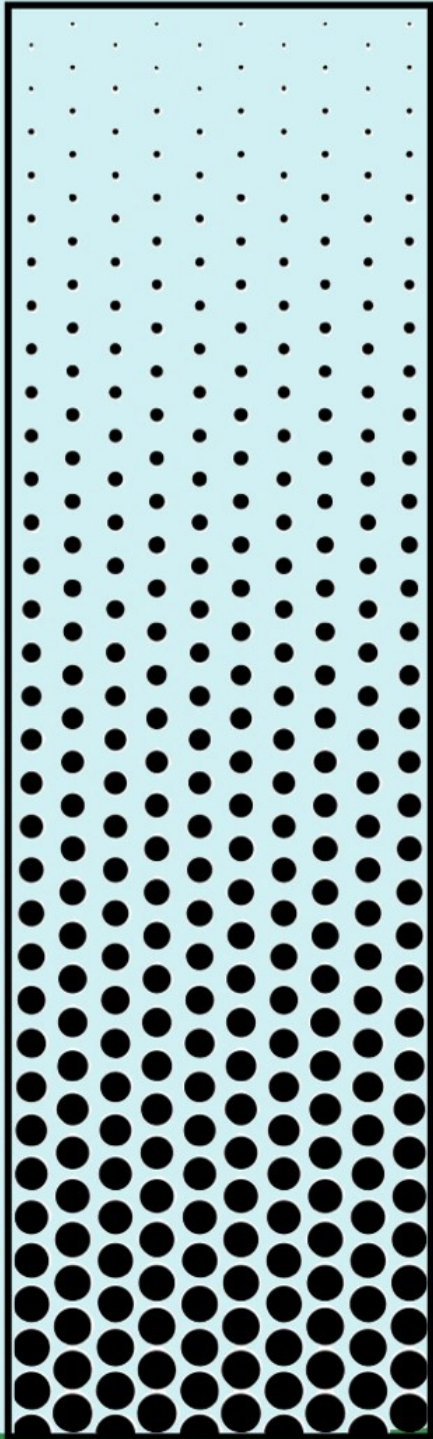
*High Altitude, 5,000 ft - 10,000 ft*

*Low to Moderate Altitude, Sea Level - 5,000 ft*





*Density of Molecules*



*Very High Altitude, 10,000 ft - 16,000 ft*

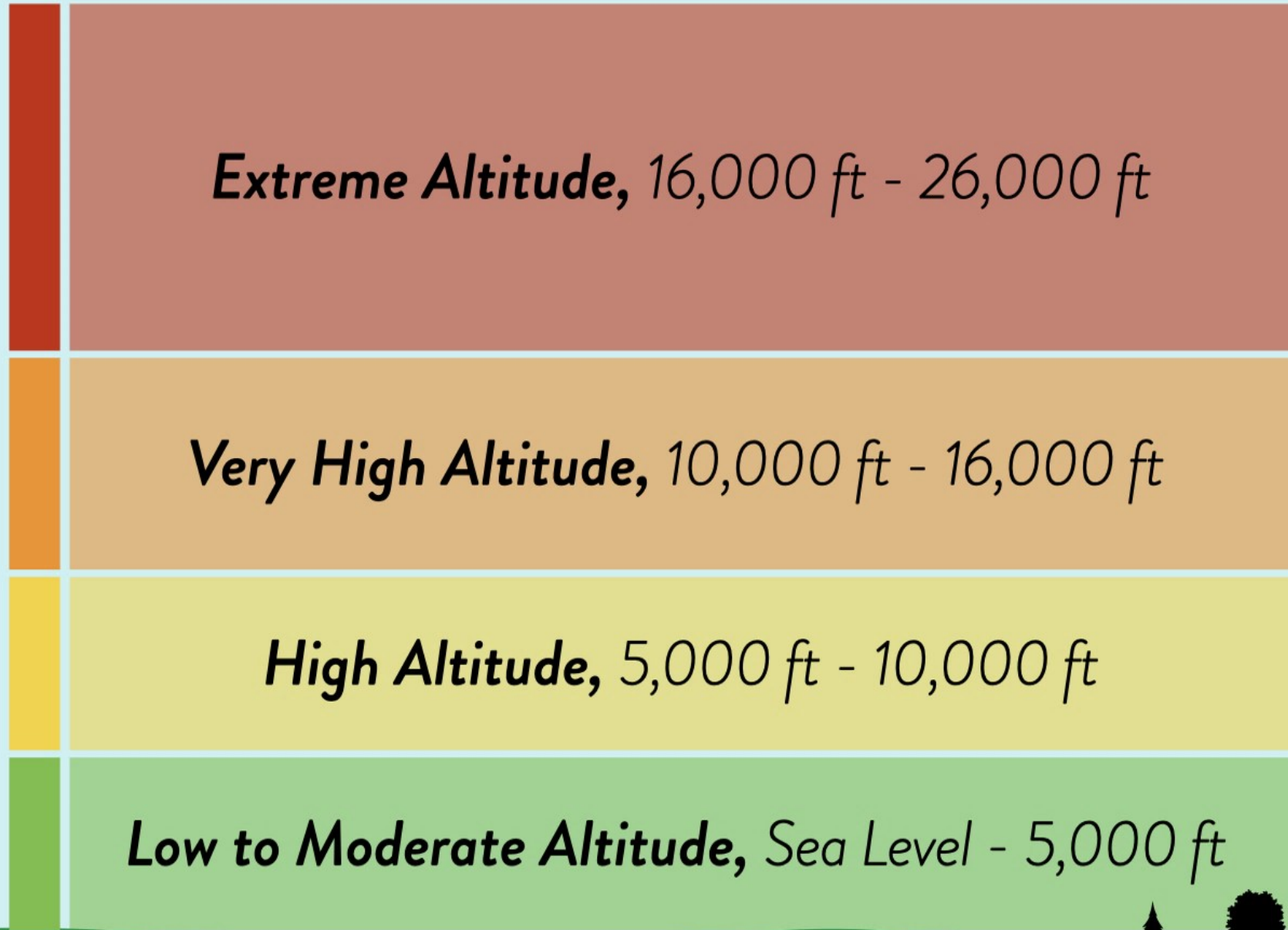
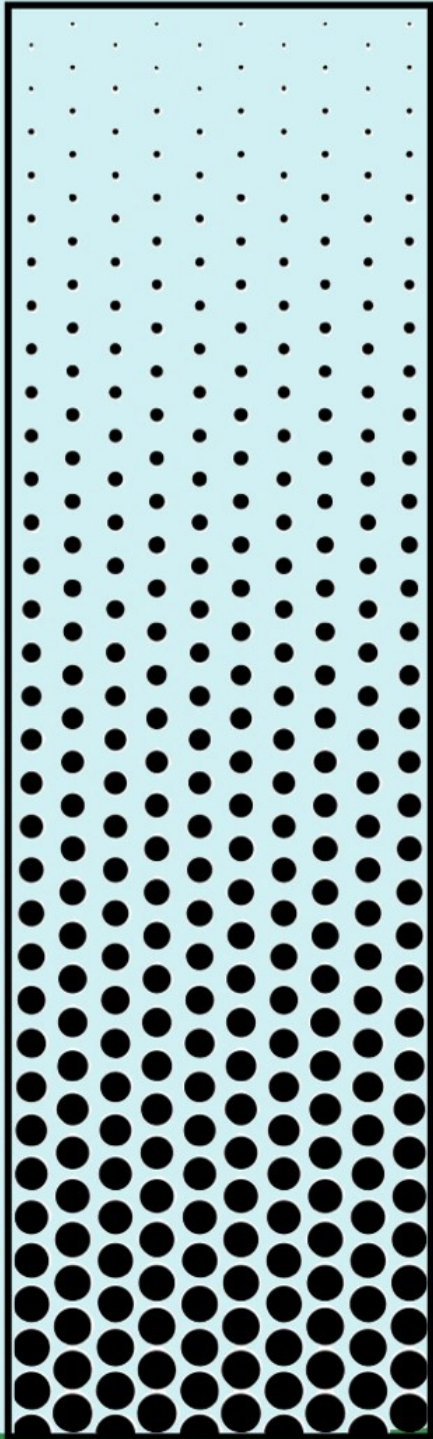
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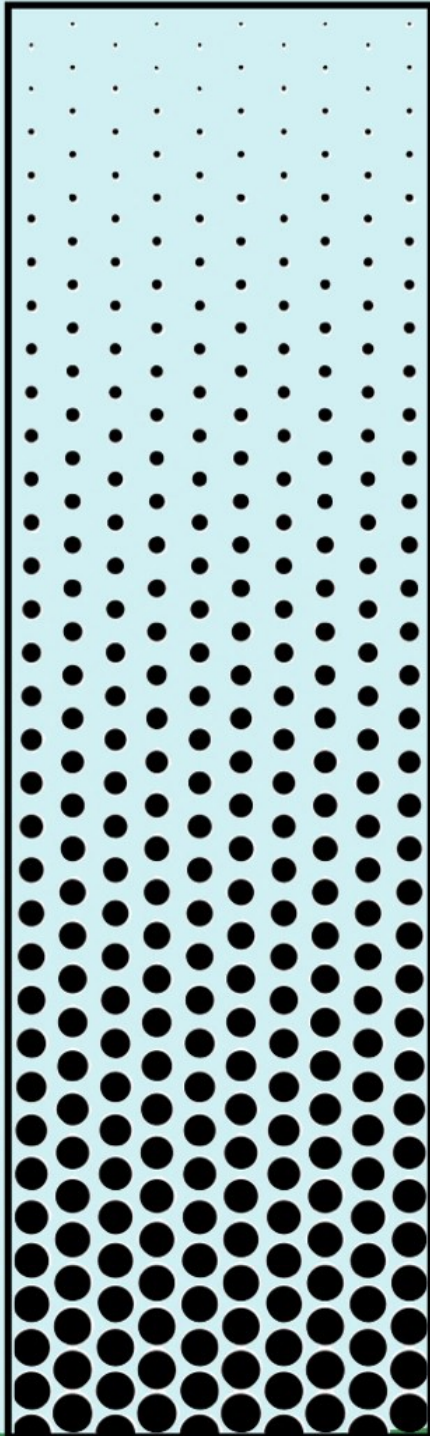


*Density of Molecules*





*Density of Molecules*



*The Death Zone, Above 26,000 ft*

*Extreme Altitude, 16,000 ft - 26,000 ft*

*Very High Altitude, 10,000 ft - 16,000 ft*

*High Altitude, 5,000 ft - 10,000 ft*

*Low to Moderate Altitude, Sea Level - 5,000 ft*





29,302 ft —

**Mt. Everest**

*The Death Zone, Above 26,000 ft*

*Extreme Altitude, 16,000 ft - 26,000 ft*

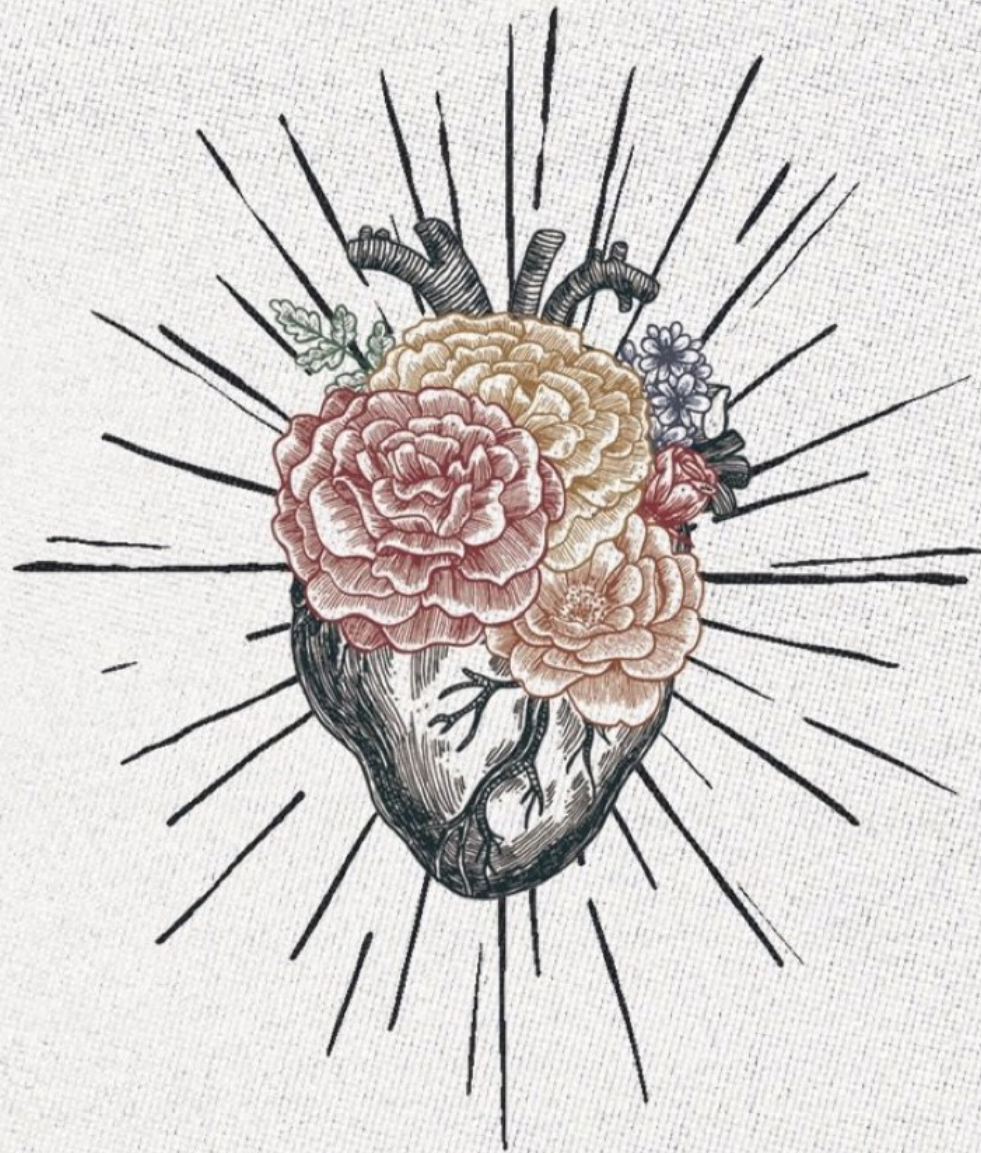
*Very High Altitude, 10,000 ft - 16,000 ft*

*High Altitude, 5,000 ft - 10,000 ft*

*Low to Moderate Altitude, Sea Level - 5,000 ft*







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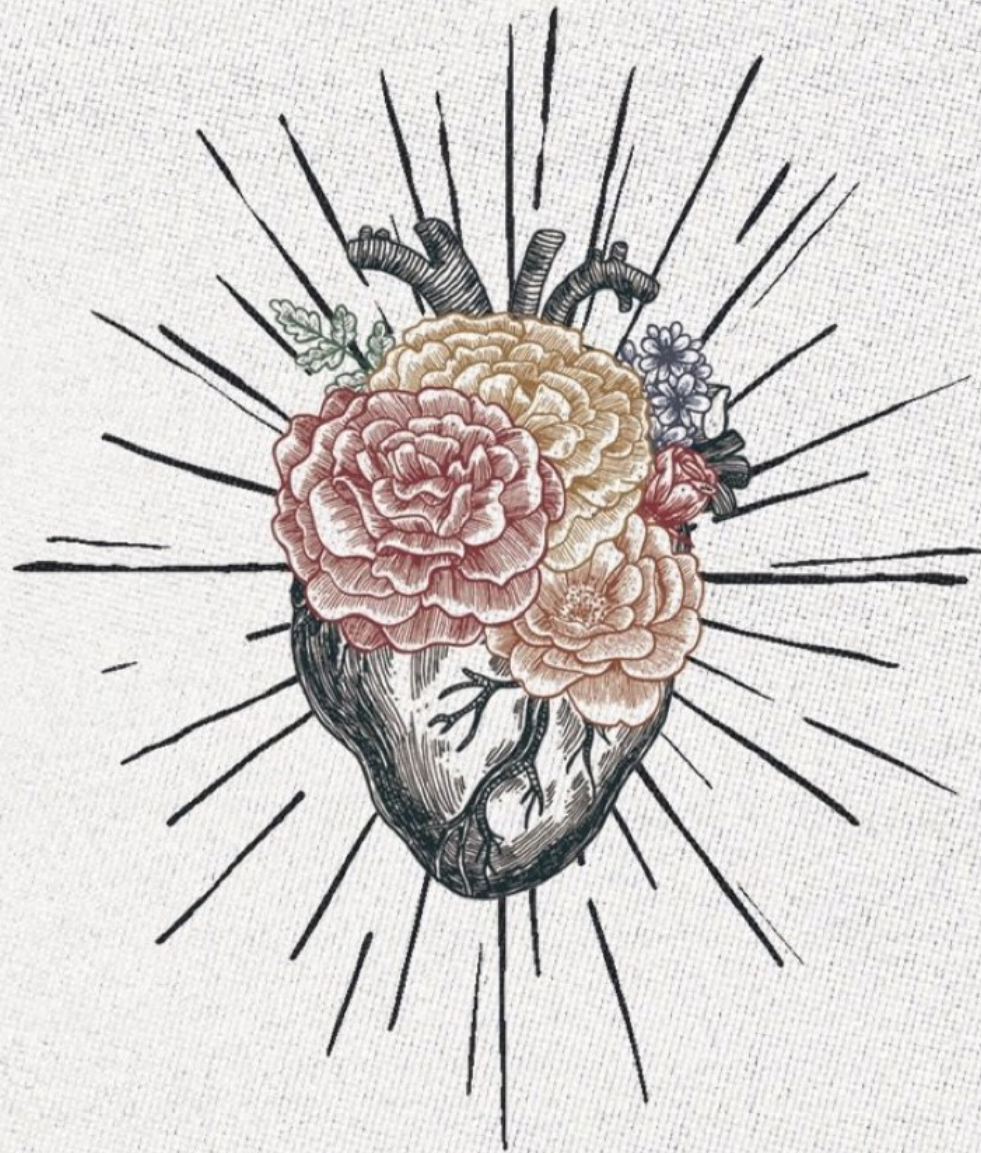












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***JAMES 1:4 (ESV)***

But each person is tempted when he is lured and enticed by his own desire.

***HEBREWS 13:9 (NIV)***

Do not be carried away by all kinds of strange teachings. It is good for our hearts to be strengthened by grace...



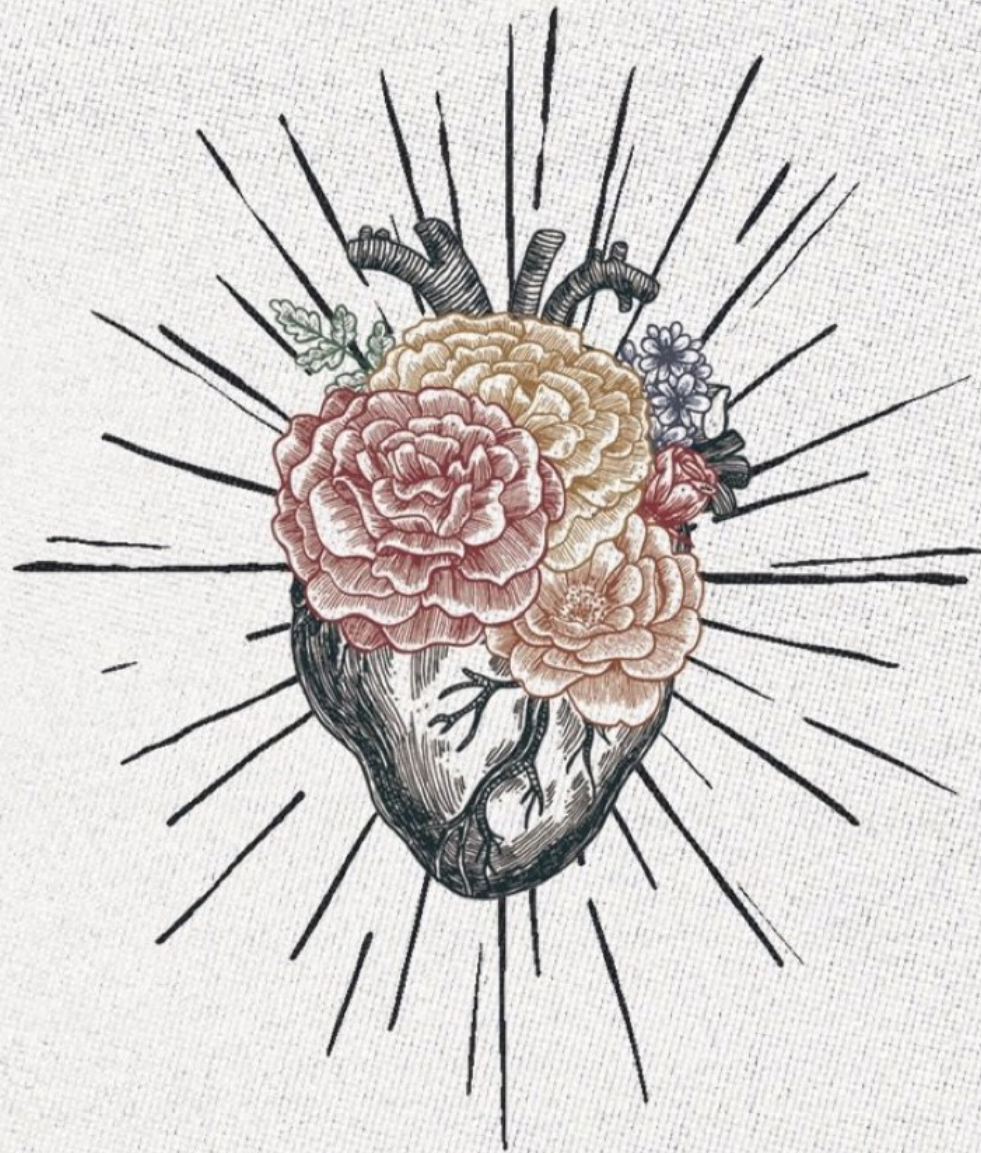
## ***1 CORINTHIANS 12:2 (NIV)***

You know that when you were pagans,  
somehow or other you were influenced and  
led astray to mute idols.

## ***HEBREWS 2:1 (NLT)***

So we must listen very carefully to the truth  
we have heard, or we may drift away from it.





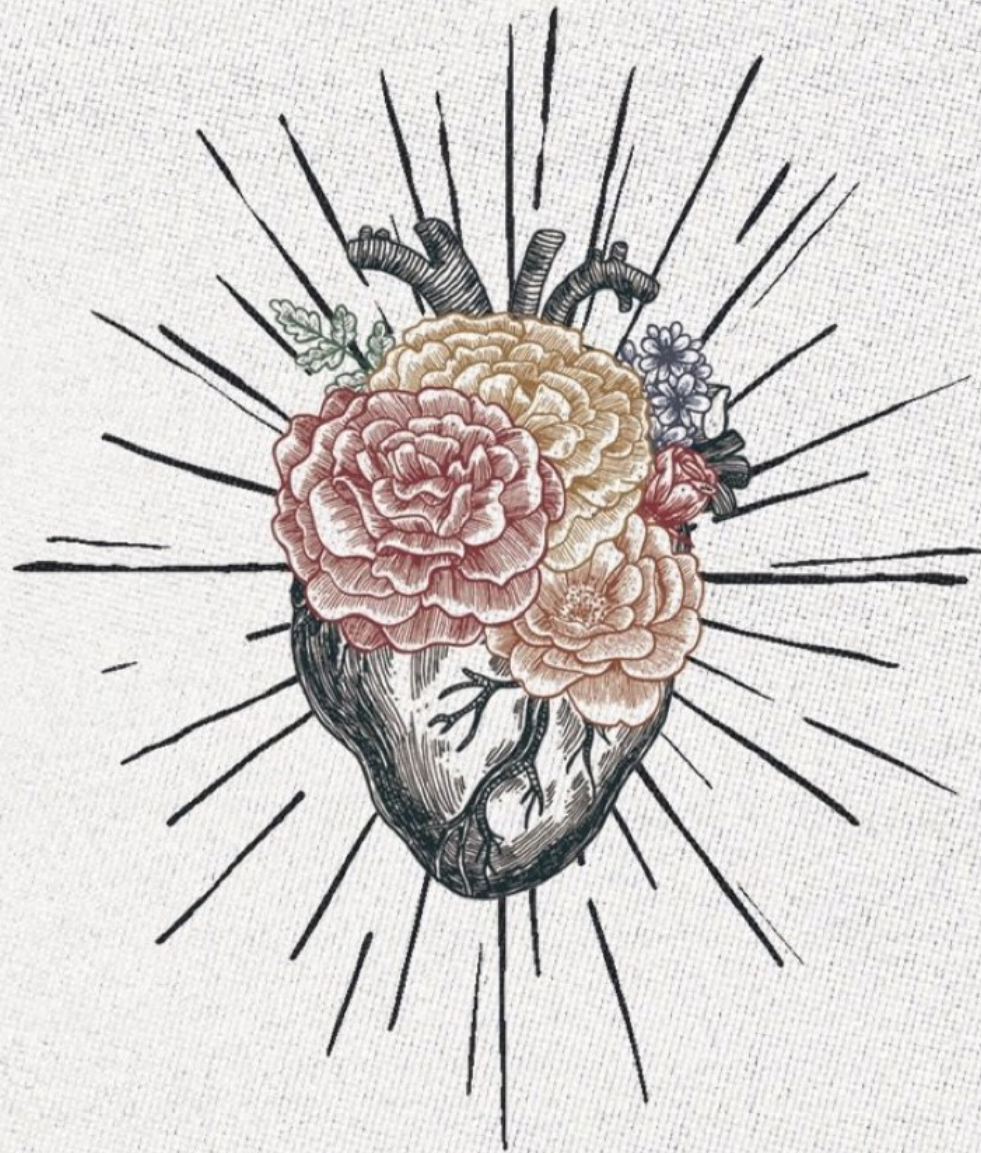
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## ***2 TIMOTHY 3:16-17*** ---

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.





# HABITS OF THE HEART



## **JOHN 7:37-39**

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(37) On the last and greatest day of the festival, Jesus stood and said in a loud voice, "Let anyone who is thirsty come to me and drink.

(38) Whoever believes in me, as Scripture has said, rivers of living water will flow from within them." (39) By this he meant the Spirit, whom those who believed in him were later to receive.



## **JOHN 15:4-8**

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(4) Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. (5) "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.



## **JOHN 15:4-8**

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(6) If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. (7) If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. (8) This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.



## ***JEREMIAH 17:5-8***

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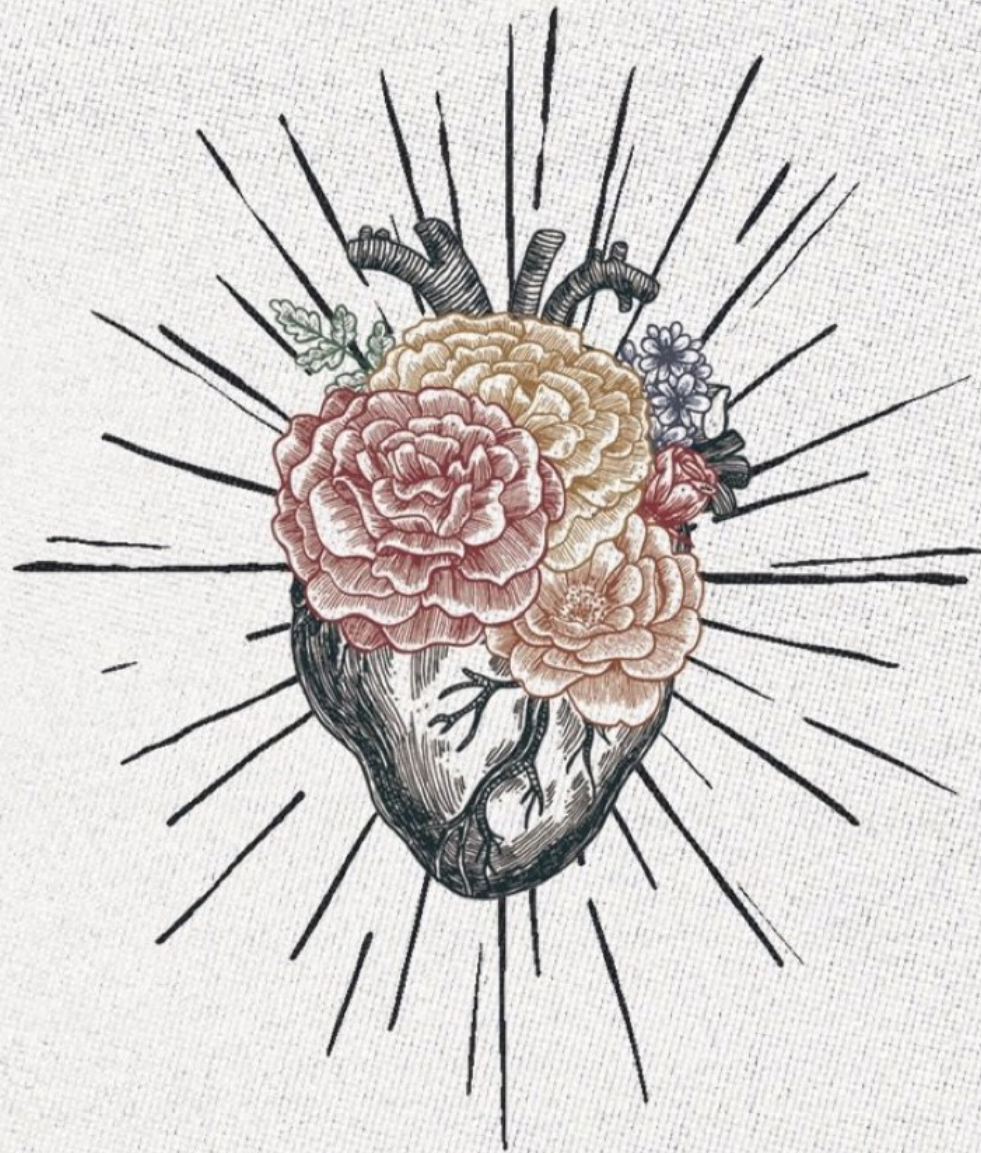
(5) This is what the Lord says: "Cursed is the one who trusts in man, who draws strength from mere flesh and whose heart turns away from the Lord. (6) That person will be like a bush in the wastelands; they will not see prosperity when it comes. They will dwell in the parched places of the desert, in a salt land where no one lives.



## ***JEREMIAH 17:5-8*** ---

(7) "But blessed is the one who trusts in the Lord, whose confidence is in him. (8) They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit."





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***HEBREWS 10:23 (NIV)***

Let us hold unswervingly to the hope we profess, for he who promised is faithful.

***1 THESSALONIANS 5:21-22 (NLT)***

Test everything that is said. Hold on to what is good. Stay away from every kind of evil.



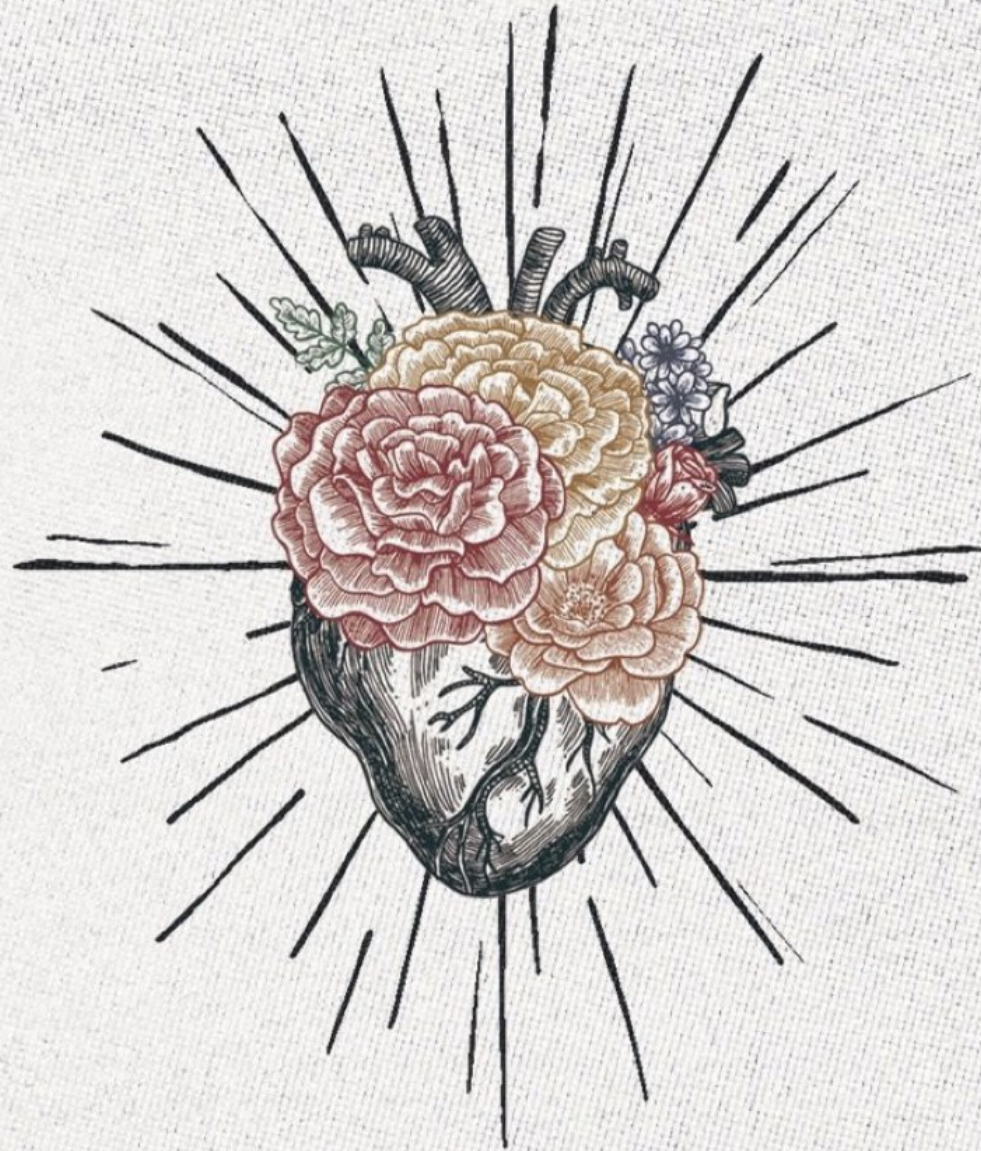
## **1 TIMOTHY 6:12 (NLT)**

Fight the good fight for the true faith. Hold tightly to the eternal life to which God has called you, which you have declared so well before many witnesses.

## **ROMANS 12:9 (ESV)**

Let love be genuine. Abhor what is evil; hold fast to what is good.





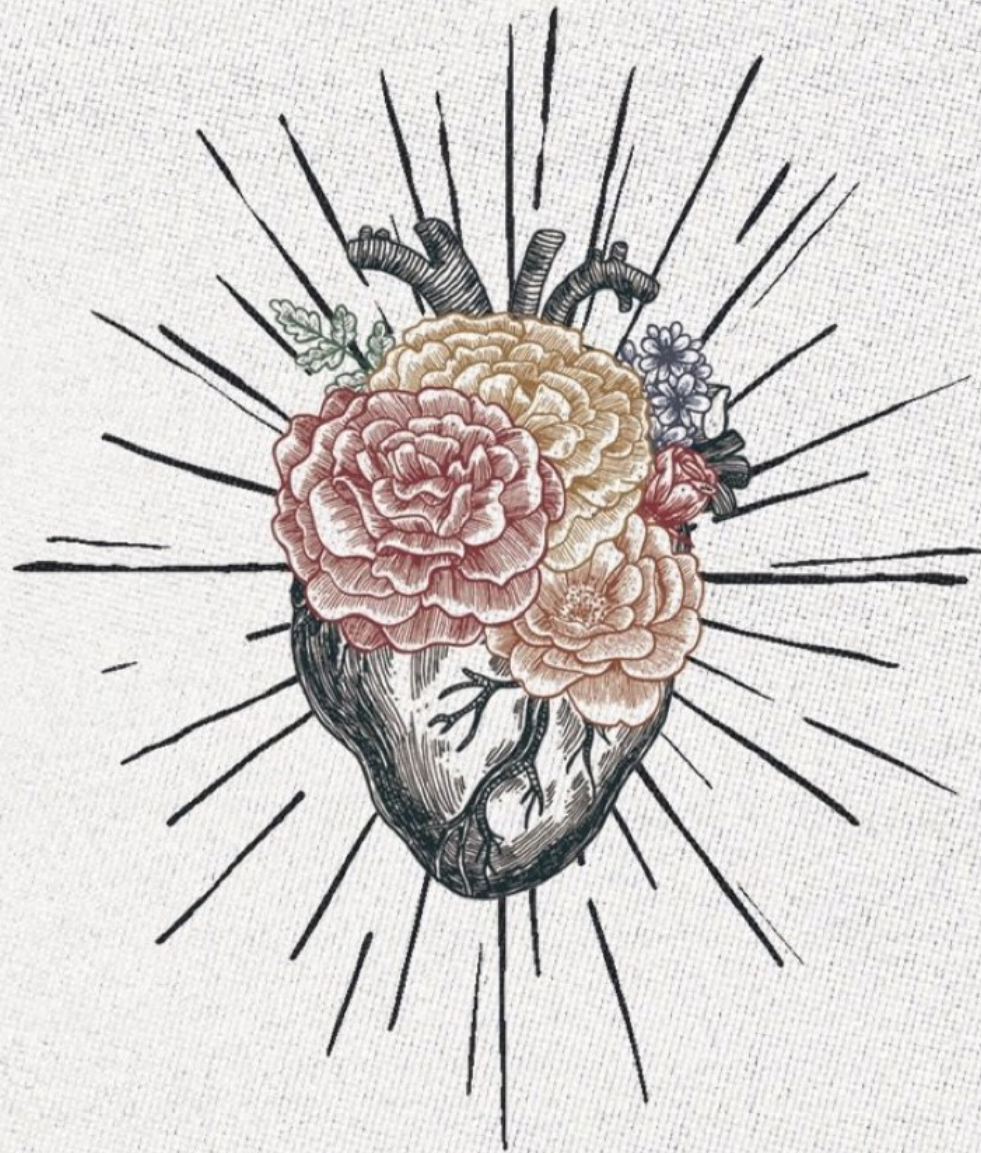
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## ***DEUTERONOMY 32:46-47*** ———

Moses said to them, "Take to heart all the words I have solemnly declared to you this day, so that you may command your children to obey carefully all the words of this law. They are not just idle words for you—they are your very life. By them you will live long in the land you are crossing the Jordan to possess."





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