

HABITS OF THE HEART

THE SEASONS OF THE CHRISTIAN CALENDAR

Advent: Anticipation

Christmas: Incarnation

Epiphany: Revelation

Lent: Crucifixion

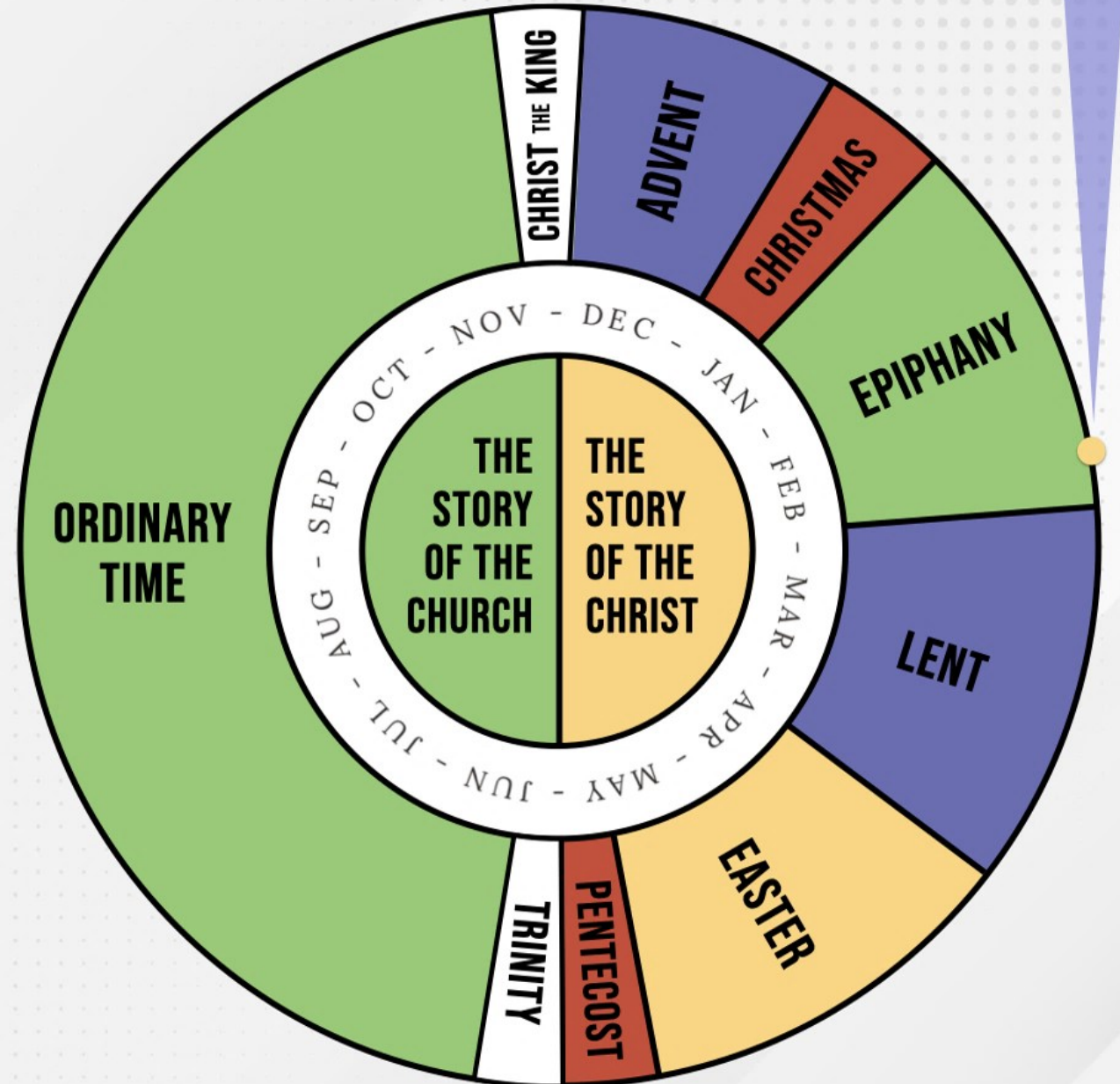
Easter: Resurrection

Pentecost: Ascension

Trinity: Magnification

Ordinary Time: Mission

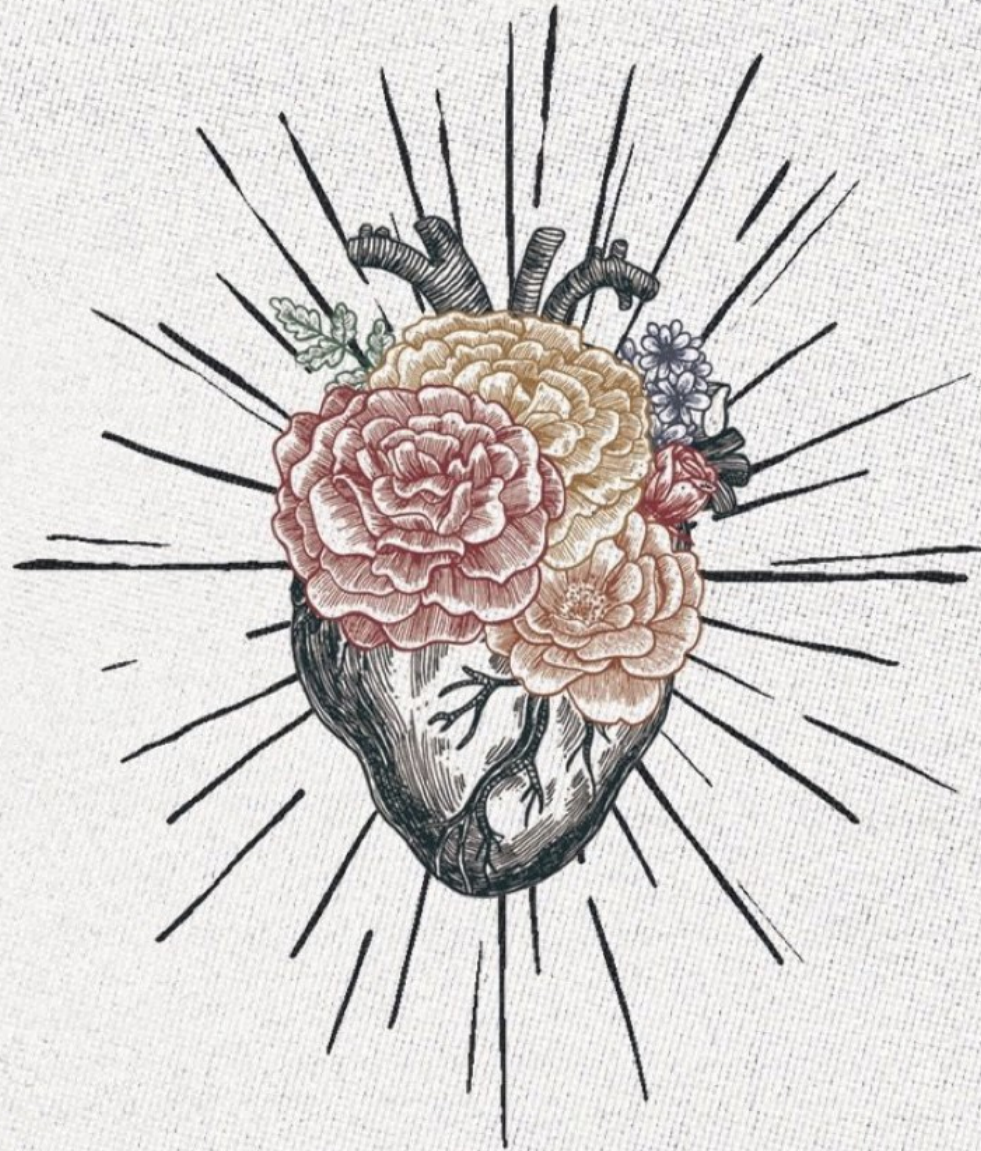
Christ the King: Conclusion



An aerial photograph of San Francisco, California, taken from a high altitude. The city's skyline is visible, including the Transamerica Pyramid and the Golden Gate Bridge. The city is partially obscured by a thick layer of white clouds that fill the lower half of the frame. The sky is a mix of blue and orange, indicating a sunrise or sunset. The overall mood is serene and majestic.

BEAUTY

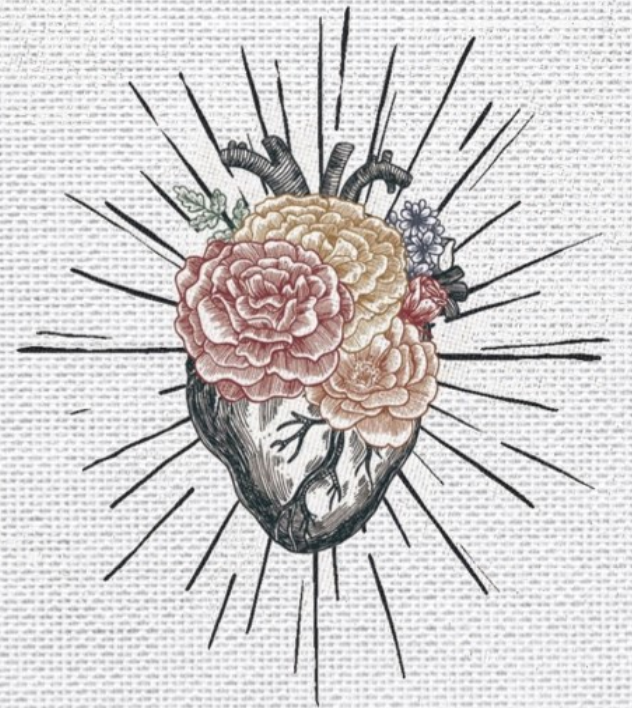
WILL SAVE THE WORLD



HABITS OF THE HEART

WEEK SIX, PSALM 90

***DECISION:
LEARNING TO
LOVE THROUGH
EMBRACING
LIMITATION***



PSALM 90

(1) Lord, you have been our dwelling place throughout all generations. (2) Before the mountains were born or you brought forth the earth and the world, from everlasting to everlasting you are God.

PSALM 90

(3) You turn men back to dust, saying,
"Return to dust, O sons of men." (4) For
a thousand years in your sight are like a
day that has just gone by, or like a watch
in the night.

PSALM 90

(5) You sweep men away in the sleep of death; they are like the new grass of the morning—(6) though in the morning it springs up new, by evening it is dry and withered.

PSALM 90

(7) We are consumed by your anger and terrified by your indignation. (8) You have set our iniquities before you, our secret sins in the light of your presence. (9) All our days pass away under your wrath; we finish our years with a moan.

PSALM 90

(10) The length of our days is seventy years-- or eighty, if we have the strength; yet their span is but trouble and sorrow, for they quickly pass, and we fly away.

PSALM 90

(11) Who knows the power of your anger?
For your wrath is as great as the fear that is
due you. (12) Teach us to number our days
aright, that we may gain a heart of wisdom.
(13) Relent, O LORD! How long will it be?
Have compassion on your servants.

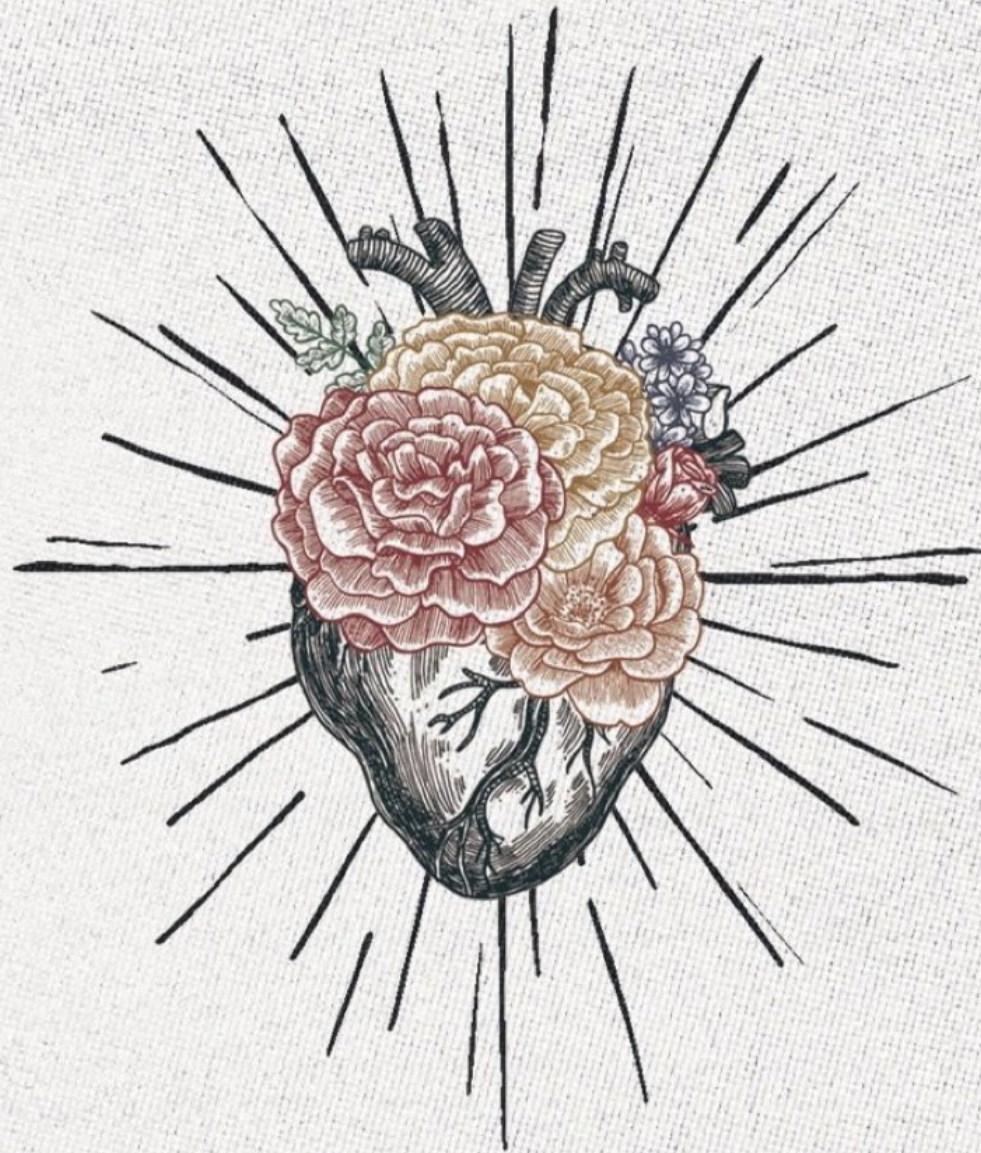
PSALM 90

(14) Satisfy us in the morning with your unfailing love, that we may sing for joy and be glad all our days. (15) Make us glad for as many days as you have afflicted us, for as many years as we have seen trouble.

PSALM 90

(16) May your deeds be shown to your servants, your splendor to their children.

(17) May the favor of the Lord our God rest upon us; establish the work of our hands for us-- yes, establish the work of our hands.



HABITS OF THE HEART

Top 100 Most-Watched U.S. TV Broadcasts of 2023



NFL



College Football



Political Programming



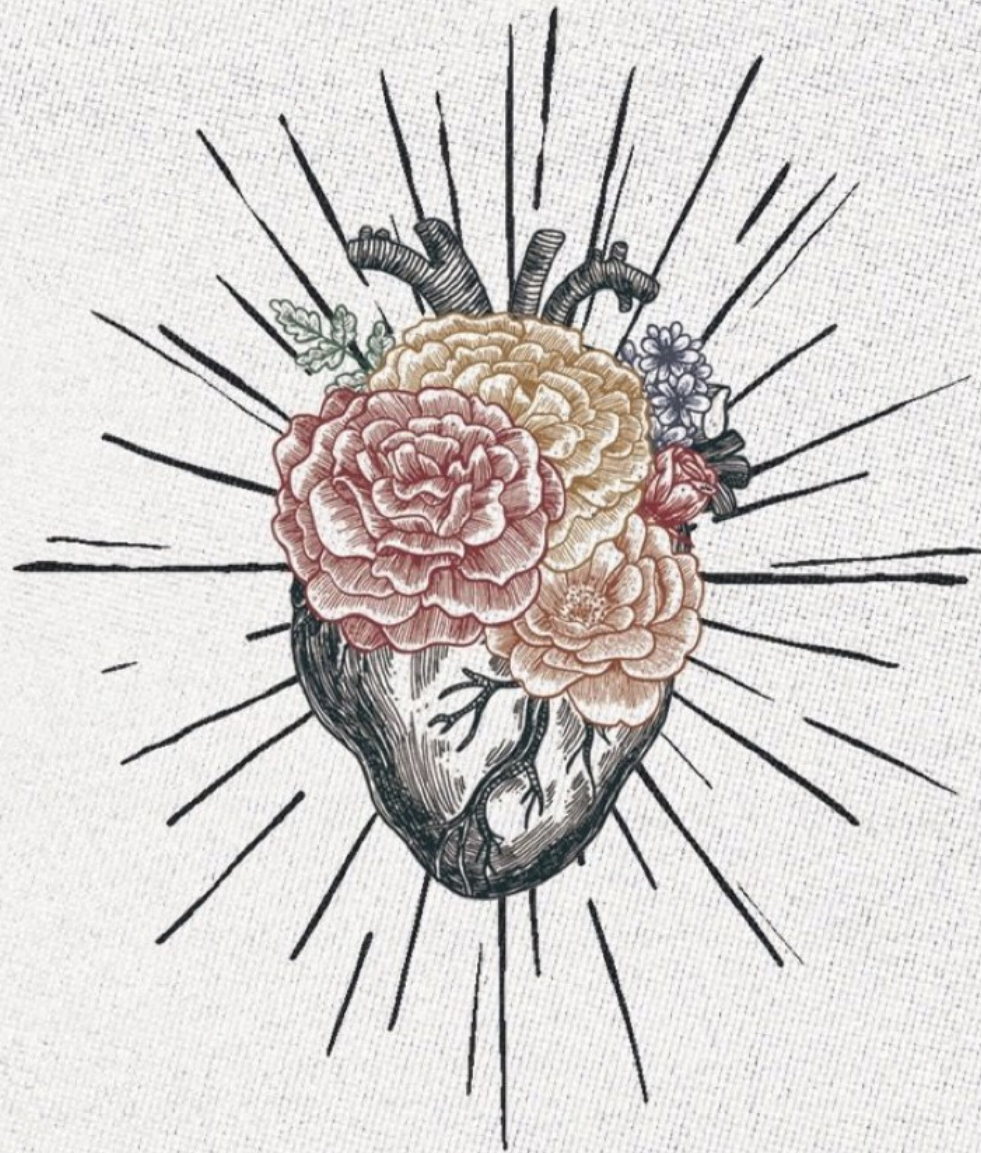
Thanksgiving Parade



Academy Awards



Super Bowl Lead-Out

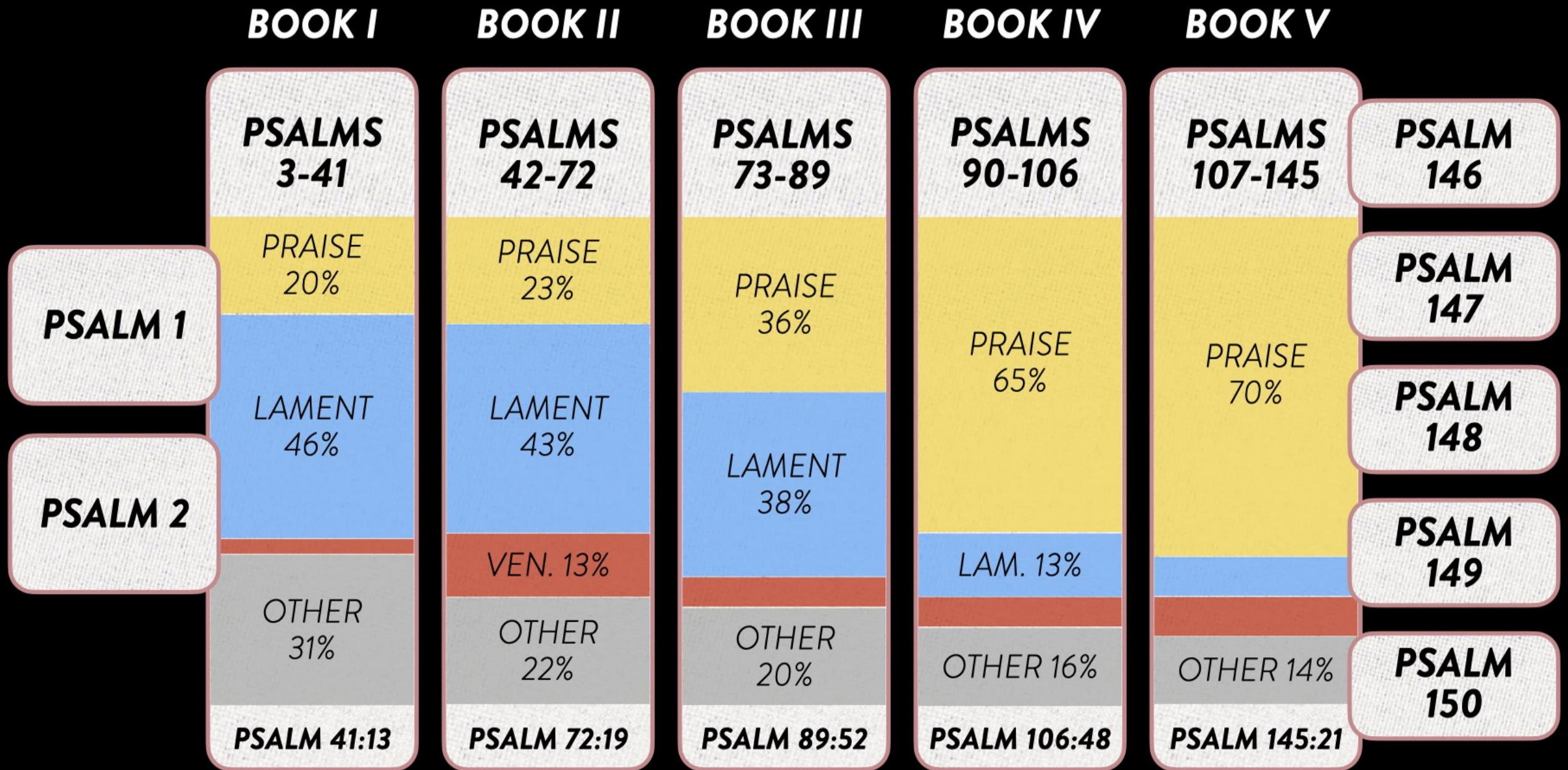


HABITS OF THE HEART

“When a person can't find a deep sense of meaning, they distract themselves with pleasure.”

– *Viktor Frankl*

THE SHAPE OF THE PSALTER



“May the Lord, the God of Israel, be blessed forever & ever. Amen & Amen.”

1 CHRONICLES 6:31-46

(31) These are the men David put in charge of the music in the house of the Lord after the ark came to rest there. (32) They ministered with music before the tabernacle, the tent of meeting, until Solomon built the temple of the Lord in Jerusalem. They performed their duties according to the regulations laid down for them.

1 CHRONICLES 6:31-46

(33) Here are the men who served, together with their sons—From the Kohathites: **Heman, the musician,**

the son of Joel, the son of Samuel, (34) the son of Elkanah, the son of Jeroham, the son of Eliel, the son of Toah, (35) the son of Zuph, the son of Elkanah, the son of Mahath, the son of Amasai, (36) the son of Elkanah, the son of Joel, the son of Azariah, the son of Zephaniah, (37) the son of Tahath, the son of Assir, the son of Ebiasaph, the son of Korah, (38) the son of Izhar, the son of Kohath, the son of Levi, the son of Israel;

1 CHRONICLES 6:31-46

(39) and Heman's associate Asaph, who served at his right hand: **Asaph son of Berekiah,**

the son of Shimea, (40) the son of Michael, the son of Baaseiah, the son of Malkijah, (41) the son of Ethni, the son of Zerah, the son of Adaiah, (42) the son of Ethan, the son of Zimmah, the son of Shimei, (43) the son of Jahath, the son of Gershon, the son of Levi;

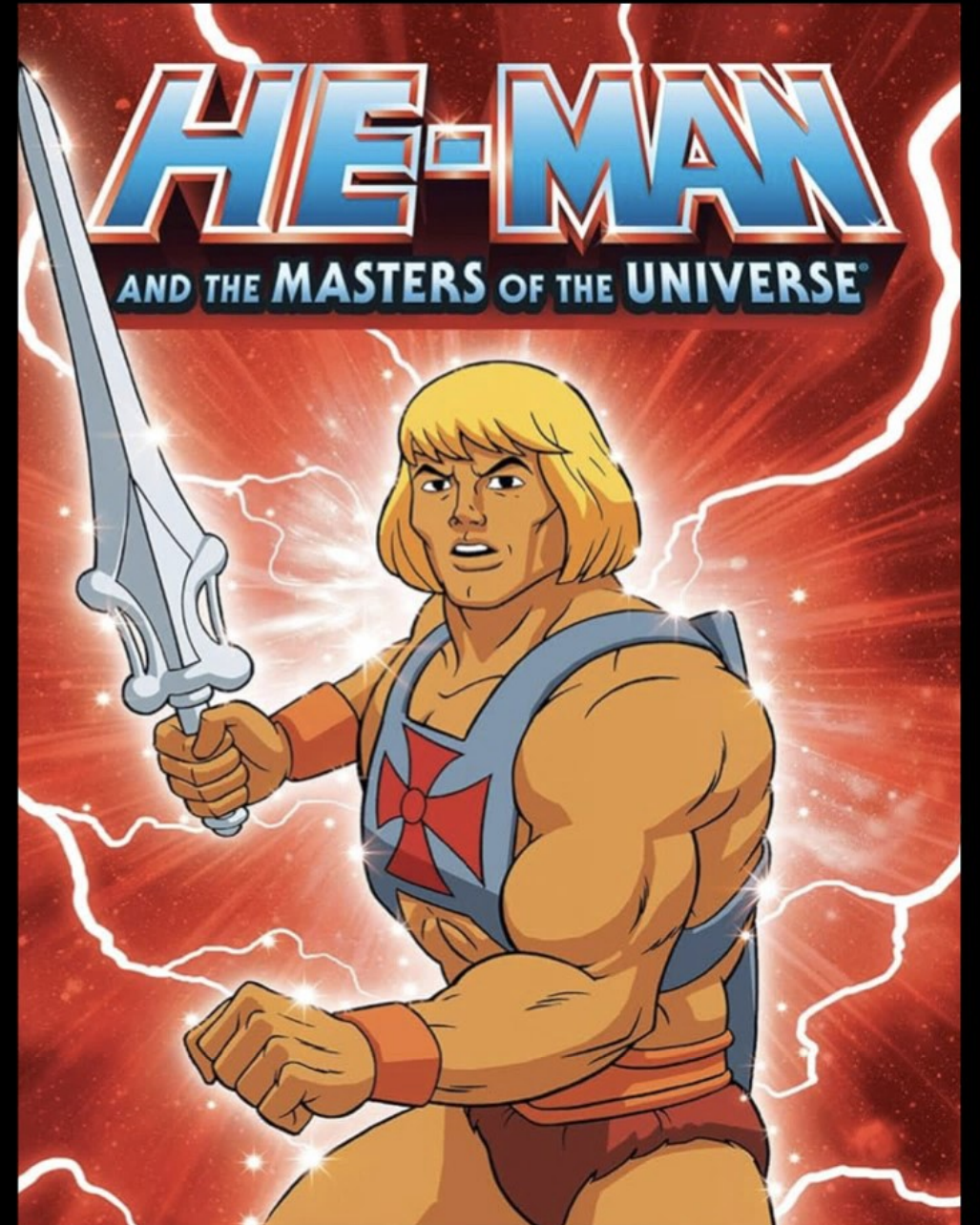
1 CHRONICLES 6:31-46

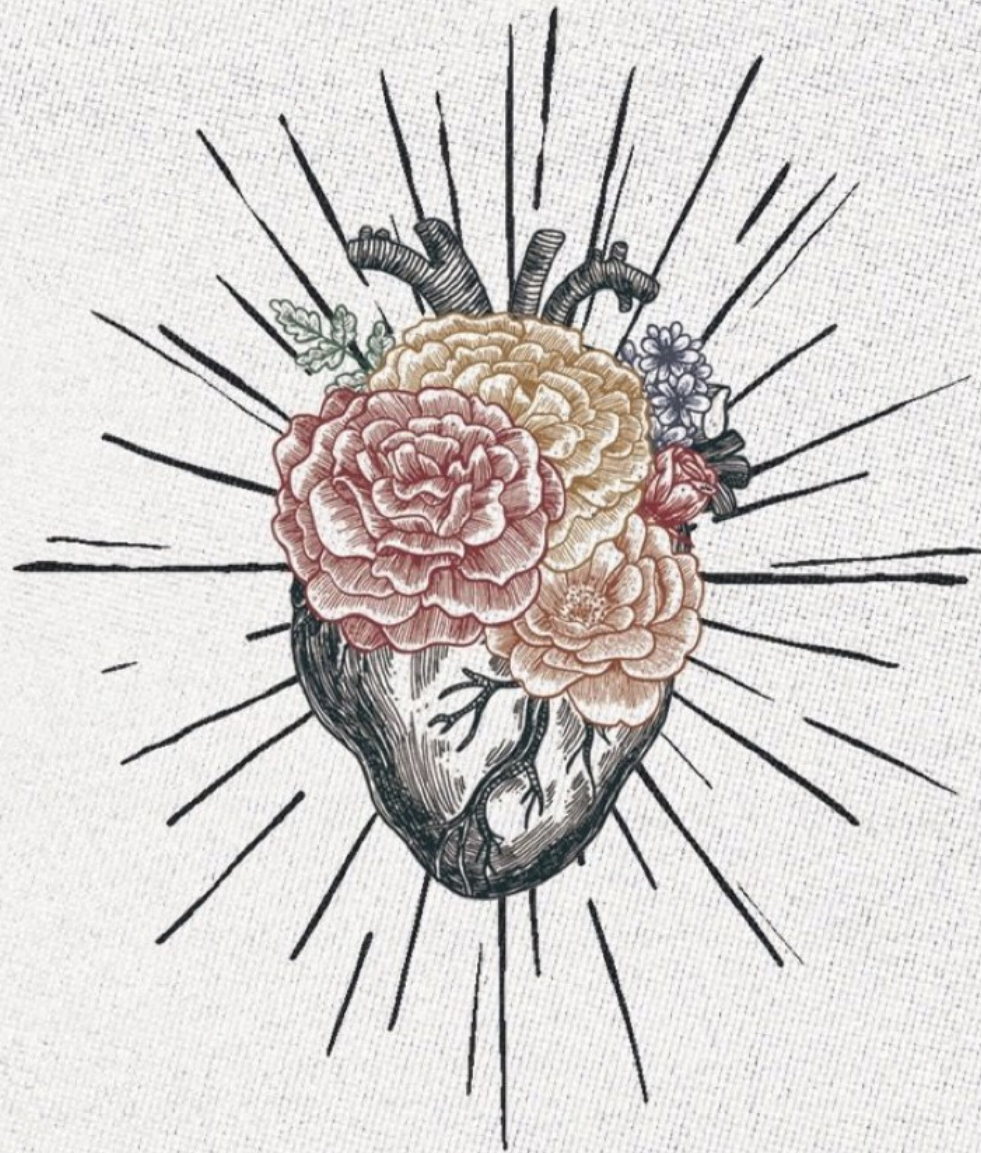
(44) and from their associates, the Merarites, at his left hand: **Ethan son of Kishi,**

the son of Abdi, the son of Malluk, (45) the son of Hashabiah, the son of Amaziah, the son of Hilkiah, (46) the son of Amzi, the son of Bani, the son of Shemer, (47) the son of Mahli, the son of Mushi, the son of Merari, the son of Levi.

THE AUTHORS OF THE PSALMS

1. King David (73)
2. Heman the Ezrahite (1)

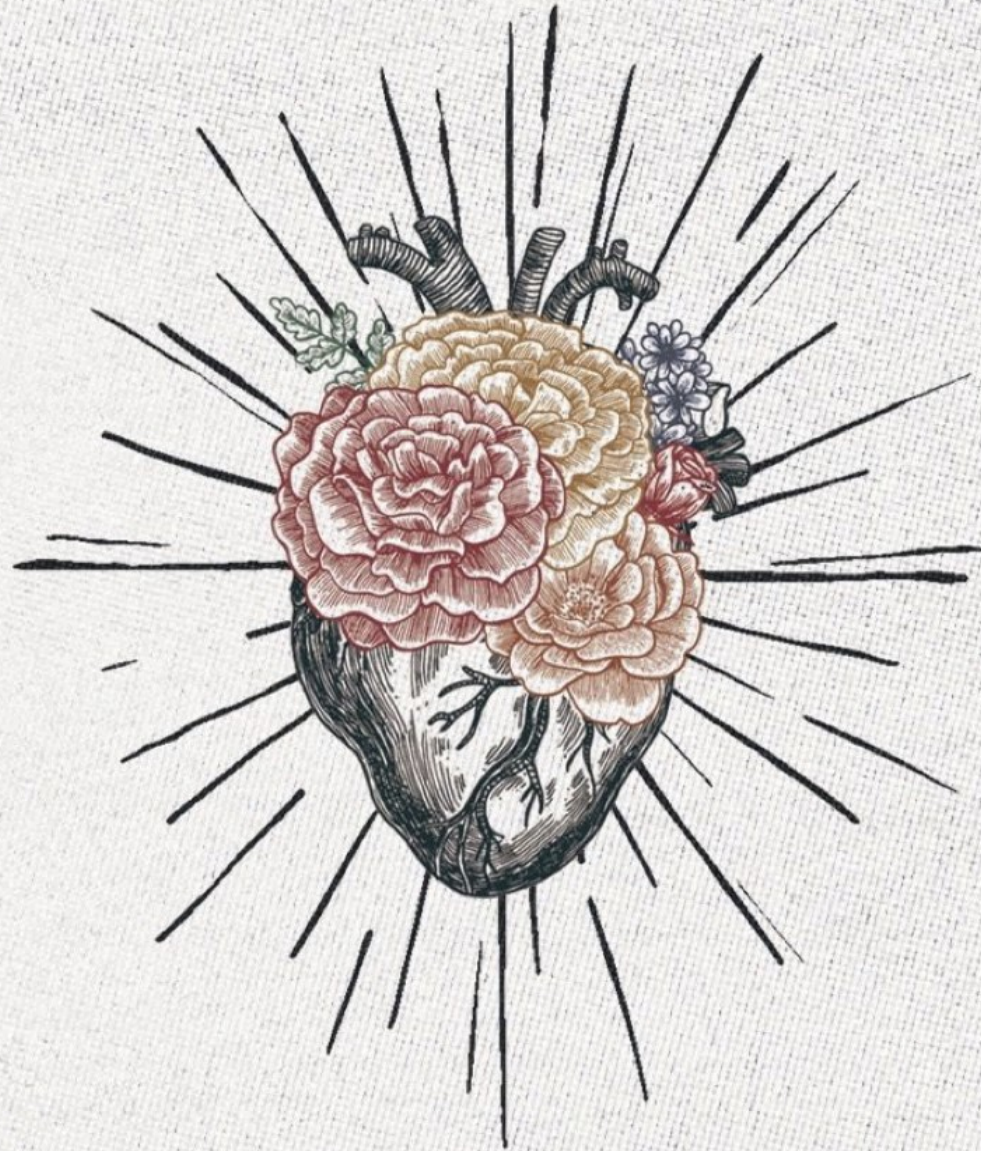




HABITS OF THE HEART

“As I make hundreds of small choices throughout the day, I’m building a life—but at one and the same time, I’m closing off the possibility of countless others, forever. (The original Latin word for “decide,” *decidere*, means “to cut off,” as in slicing away alternatives; it’s a close cousin of words like “homicide” and “suicide.”) Any finite life—even the best one you could possibly imagine—is therefore a matter of ceaselessly waving goodbye to possibility.”

– *Oliver Burkeman, Four Thousand Weeks*



HABITS OF THE HEART

**If you would like personal prayer today,
please meet with a Prayer Team member to
the right of the stage at the end of the service.**

