



PARK STREET

BRETHREN CHURCH

October 25, 2020

Relinquish the False Self (Ephesians 4:17-32)



WILDERNESS SURVIVAL KIT

a guide to spiritual flourishing
when your world becomes wild

AMONG US



So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.

Ephesians 4:17-32

They are darkened in their understanding
and separated from the life of God
because of the ignorance that is in them
due to the hardening of their hearts.

Ephesians 4:17-32

Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

Ephesians 4:17-32

That, however, is not the way of life you learned when you heard about Christ and were taught in him in accordance with the truth that is in Jesus.

Ephesians 4:17-32

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its **deceitful desires**; to be made new in the attitude of your minds; and to put on the new self, created to be like God in **true** righteousness and holiness.

Ephesians 4:17-32

Therefore each of you must **put off** **falsehood** and **speak truthfully** to your neighbor, for we are all members of one body. “In your anger do not sin”: Do not let the sun go down while you are still angry, and do not give the devil a foothold.

Ephesians 4:17-32

Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

Ephesians 4:17-32

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Ephesians 4:17-32

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Ephesians 4:17-32



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THE SIN CYCLE



Deception is the seed.

At the heart of every sin is
a lie planted in your heart.

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Sin is the weed.

Sin tangibly breaks through and manifests in our lives.

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Death is the fruit.

The end result is corruption, destruction, and death.

Deception and Sin have a symbiotic relationship. It's actually the satanic inversion of the relationship between Truth and Freedom.

*And just like other forms of cancer,
our best chance of surviving the
destructive consequences of sin is
early detection.*

**RELINQUISH THE
FALSE-SELF:
STOP FAKING
AND BECOME
THE REAL YOU**

- + **CONFESSION & SELF-EXAMINATION** is bringing the lies we believe into the light where they can be exposed and expunged.
- + **SILENCE & SOLITUDE** helps remove us from the constant contamination and destruction of the world where we can find God's grace, truth, and love.
- + **WAITING** is a discipline of trusting God's truth will prevail even if we can't see or feel it right now.



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