

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord's feet listening to what he said.

## LUKE 10:38-42

But Martha was distracted by all the preparations that had to be made.

She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

"Martha, Martha," the Lord answered,
"you are worried and upset about many
things, but few things are needed—indeed
only one. Mary has chosen what is better,
and it will not be taken away from her.



## We we start feeling necessary we begin to justify ourselves.



The one who attempts to act and do things for others or for the world without deepening their own self-understanding, freedom, integrity and capacity to love Christ, will not have anything to give others.

They will communicate to others nothing but the contagion of their own obsessions, their aggressiveness, their ego-centered ambitions, their delusions about ends and means, their doctrinaire prejudices and ideas.



## 2 CORINTHIANS 12:9

But [God] said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

