



WEEK ONE

MATTHEW 26:36-56

Jesus Prays
in Gethsemane

SAY THIS:

Put others first.

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WEEK TWO

JOHN 18:12-20:23

Crucified and Risen

SAY THIS:

Jesus put us first.

WEEK THREE

PHILIPPIANS 2:3-8

Servant Principle

SAY THIS:

Put others first because
Jesus put you first.

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WEEK FOUR

LUKE 24:13-35

On the Road to Emmaus

SAY THIS:

There's always more to
discover about God's plan.

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HUMILITY:

PUTTING OTHERS FIRST
BY GIVING UP WHAT YOU
THINK YOU DESERVE



REMEMBER THIS:

"Don't do anything only to get
ahead. Don't do it because you are
proud. Instead, be humble. Value
others more than yourselves."

PHILIPPIANS 2:3, NIV



DO THIS:

**MORNING TIME**

Create a humility jar for this month and write, “put others first” on your jar as a reminder. Pick any item you would want to add; such as, pom poms, cotton balls, or M&M’s. Anytime you see a family member put another family member or friend first, add one item to the jar. See if you can fill the jar by the end of the month and then celebrate with a special treat.

**DRIVE TIME**

Ask your child to help you see opportunities to let others go first while driving. Let someone ahead of you, let the next person go in the drive through, or show patience in traffic. While finding these opportunities, ask your child, “What is a way you can put someone first today?”

**MEAL TIME**

Q & A for kids: Who is a person who makes you feel important? How do they do that?

Q & A for parents: Do you find it easier or harder to be humble as an adult than it was as a kid?

**BED TIME**

Jesus humbly gave up His life for us. But for most of us, showing humility will look different. It looks like playing with a younger sibling or allowing others to use your stuff. Share two ways you could put others first this week. Ask God to give you the power to let go of some things you think you deserve in order to put others first.